



Fecha 15/10/2023

10K CORREN TOMELLOSO 2023

Distancia 10000 metros

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
1	47	DAVID BASCUÑANA CORRALES	CAU GUADALAJARA	SENIOR MAS	1	1	0:14:48	2:57	00:29:48	--	2:58
2	674	FRANCISCO SERRANO GARCÍA DE D.C.A. ALBACETE-DIPUTACIÓN		SENIOR MAS	2	2	0:15:23	3:04	00:30:49	+ 00:01:01	3:04
3	442	RUBÉN MONREAL UTRILLA	INDEPENDIENTE	SENIOR MAS	3	5	0:15:36	3:07	00:31:07	+ 00:01:18	3:06
4	633	JAVIER ROSADO SANZ	CDA TARANCÓN	SENIOR MAS	4	3	0:15:36	3:07	00:31:14	+ 00:01:25	3:07
5	734	ADRIAN VILLA MEDINA	SAN ILDEFONSO	SENIOR MAS	5	8	0:15:36	3:07	00:31:17	+ 00:01:28	3:07
6	86	ELOY CANALES ESCRIBANO	INDEPENDIENTE	SUB 18/20 MAS	1	6	0:15:36	3:07	00:31:21	+ 00:01:32	3:08
7	290	MANUEL GUTIÉRREZ BALLESTEROS	CAU GUADALAJARA	SENIOR MAS	6	7	0:15:36	3:07	00:31:27	+ 00:01:38	3:08
8	255	ABRAHAM GARCIA SÁNCHEZ	CLUB ATLETISMO TORRIJOS C.A.T	SENIOR MAS	7	4	0:15:36	3:07	00:31:40	+ 00:01:52	3:10
9	308	CONSTANTINO JAEN	A.C. MANCHATHON	SENIOR MAS	8	10	0:15:47	3:09	00:32:08	+ 00:02:19	3:12
10	156	DOMINGO CUEVAS ARMERO	CD RUN FASTER	MASTER 35 MAS	1	16	0:15:58	3:11	00:32:09	+ 00:02:21	3:12
11	209	ALVARO FERNÁNDEZ-SALINERO	SAMINDEPENDIENTE	SENIOR MAS	9	24	0:16:07	3:13	00:32:12	+ 00:02:23	3:13
12	373	JOSE GREGORIO LUCERÓN MUÑOZ	CLUB ATLETISMO CRIPTANA	MASTER 35 MAS	2	19	0:15:59	3:11	00:32:12	+ 00:02:23	3:13
13	161	DAVID DE LA CRUZ SANCHEZ	CLUB ATLETISMO SAN PABLO	SENIOR MAS	10	12	0:15:53	3:10	00:32:17	+ 00:02:29	3:13
14	368	SANTIAGO LOZANO GÓMEZ - RECUE	CLUB ATLETISMO TORRIJOS	SENIOR MAS	11	14	0:15:58	3:11	00:32:18	+ 00:02:30	3:13
15	105	ISRAEL CAÑAMERO ESCOBAR	CLUB ATLETISMO SAN PABLO	MASTER 40 MAS	1	15	0:15:58	3:11	00:32:23	+ 00:02:35	3:14
16	519	ABEL ORMEÑO ORMEÑO	CJA CIUDAD REAL	SENIOR MAS	12	23	0:16:07	3:13	00:32:25	+ 00:02:36	3:14
17	6	YOUNESS AITHADI	RFBOODILLA DEL MONTE	MASTER 35 MAS	3	11	0:15:49	3:09	00:32:27	+ 00:02:39	3:14
18	601	ALBERTO RIVERA PIZARRO	C.A SATURNO DAIMEL	MASTER 45 MAS	1	17	0:15:58	3:11	00:32:28	+ 00:02:40	3:14
19	227	RAMÓN GALLEGU YELAMOS	C.A SATURNO DAIMEL	MASTER 40 MAS	2	18	0:15:59	3:11	00:32:31	+ 00:02:42	3:15
20	407	JUAN IGNACIO MARTINEZ GIL	CDA TARANCÓN	SENIOR MAS	13	25	0:16:08	3:13	00:32:37	+ 00:02:48	3:15
21	691	FORSIDO TABERNEO AMETEAU	LA ESPERANZA C.A	SENIOR MAS	14	9	0:15:43	3:08	00:32:39	+ 00:02:50	3:15
22	18	JORGE ALVARADO GONZÁLEZ	UDAT	SENIOR MAS	15	28	0:16:13	3:14	00:32:49	+ 00:03:01	3:16
23	417	EUGENIO A. MARTÍNEZ SÁNCHEZ	C.A SATURNO DAIMEL	MASTER 40 MAS	3	22	0:16:06	3:13	00:32:56	+ 00:03:07	3:17
24	585	CARLOS RAMÍREZ DE LA CRUZ	INDEPENDIENTE	SENIOR MAS	16	20	0:15:59	3:11	00:33:00	+ 00:03:11	3:18
25	584	ALVARO RAMÍREZ CRUZ	CAU GUADALAJARA	SENIOR MAS	17	21	0:16:03	3:12	00:33:06	+ 00:03:18	3:18
26	243	ISMAEL GARCÍA MÁRQUEZ	BICIS PINA - AETRONICS - TRITO	SENIOR MAS	18	26	0:16:08	3:13	00:33:14	+ 00:03:25	3:19
27	176	JAIME DIAZ LOPEZ	CLUB ATLETISMO SAN PABLO	MASTER 40 MAS	4	27	0:16:10	3:14	00:33:15	+ 00:03:27	3:19
28	728	YISHENG ZHOU	CDA TARANCÓN	SUB 18/20 MAS	2	38	0:16:53	3:22	00:33:18	+ 00:03:29	3:19
29	383	CARLOS MANZANARES GARCIA DE E	CLUB ATLETISMO SAN PABLO	SENIOR MAS	19	33	0:16:43	3:20	00:33:18	+ 00:03:30	3:19
30	575	MIGUEL ANGEL PULIDO GARCIA	INDEPENDIENTE	MASTER 50 MAS	1	34	0:16:43	3:20	00:33:23	+ 00:03:34	3:20
31	397	ANGEL MARTIN MARTIN	CLUB ATLETISMO SAN PABLO	MASTER 35 MAS	4	29	0:16:30	3:18	00:33:24	+ 00:03:35	3:20
32	562	DAVID PÉREZ SERRANO	E3 TEAM	MASTER 35 MAS	5	30	0:16:34	3:18	00:33:25	+ 00:03:36	3:20
33	12	ALEJANDRO ALDA BLANCO	C.A. LA ESPERANZA	SENIOR MAS	20	13	0:15:55	3:11	00:33:27	+ 00:03:38	3:20



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
34	692	JUAN CRISTÓBAL TEJERO SANTIAGO	CD PASTOR POETA DE OCAÑA	MASTER 40 MAS	5	32	0:16:39	3:19	00:33:30	+ 00:03:41	3:21
35	408	DIEGO MARTINEZ GIL	CDA TARANCÓN	SENIOR MAS	21	36	0:16:44	3:20	00:33:44	+ 00:03:56	3:22
36	292	ALEJANDRO GUTIERREZ GÓMEZ	HII INDEPENDIENTE	MASTER 35 MAS	6	31	0:16:35	3:19	00:33:52	+ 00:04:03	3:23
37	395	CARLOS MARTIN DE LAS PUEBLAS	HINDEPENDIENTE	SENIOR MAS	22	37	0:16:45	3:21	00:33:59	+ 00:04:11	3:23
38	436	PABLO MINGHEZ ATIENZA	LA ESPERANZA C.A	SENIOR MAS	23	35	0:16:44	3:20	00:34:00	+ 00:04:11	3:24
39	615	SERGIO RODRÍGUEZ-BARBERO	EXP(C.A. SAN ILDEFONSO	SENIOR MAS	24	42	0:16:54	3:22	00:34:05	+ 00:04:16	3:24
40	20	RUBÉN ÁLVARO OLMEDA	POZO NORTE	MASTER 40 MAS	6	40	0:16:54	3:22	00:34:11	+ 00:04:23	3:25
41	259	URBANO GARRIDO MUÑOZ	C.A. ALBACETE-DIPUTACIÓN	MASTER 40 MAS	7	44	0:16:55	3:23	00:34:12	+ 00:04:23	3:25
42	725	DAVID YUBERO RUBIO	INDEPENDIENTE	MASTER 40 MAS	8	54	0:17:13	3:26	00:34:21	+ 00:04:32	3:26
43	219	LUIS MIGUEL FUENTES BERJANO	E3TEAM	MASTER 40 MAS	9	41	0:16:54	3:22	00:34:25	+ 00:04:37	3:26
44	67	ALICIA BERZOSA MARTÍN	CLUB RUNNING PINTO SEOANE	PA SENIOR FEM	1	39	0:16:53	3:22	00:34:26	+ 00:04:38	3:26
45	324	JESÚS JIMENEZ SÁNCHEZ-MIGALLÓN	CD RUN FASTER	SENIOR MAS	25	49	0:17:02	3:24	00:34:27	+ 00:04:38	3:26
46	731	ISIDRO MÁRQUEZ CANALES	CRESPO RUNNERS.	MASTER 35 MAS	7	46	0:16:58	3:23	00:34:29	+ 00:04:41	3:26
47	138	FRANCISCO JOSÉ CHICOTE	PRADILIA.C. MANCHATHON	MASTER 35 MAS	8	45	0:16:57	3:23	00:34:29	+ 00:04:41	3:26
48	87	MIGUEL CANALES GARCIA	OSSA RUNNERS	SENIOR MAS	26	57	0:17:14	3:26	00:34:38	+ 00:04:49	3:27
49	184	SERGIO DONOSO MUÑOZ	C.A SATURNO DAIMEL	SENIOR MAS	27	55	0:17:14	3:26	00:34:38	+ 00:04:49	3:27
50	710	VICENTE VALVERDE FUENTES	REAL RUNNERS	SENIOR MAS	28	50	0:17:05	3:25	00:34:39	+ 00:04:51	3:27
51	174	ARTURO DÍAZ DEL CAMPO	MORALE INDEPENDIENTE	MASTER 35 MAS	9	56	0:17:14	3:26	00:34:41	+ 00:04:52	3:28
52	17	JESÚS ALVARADO CÁMARA	INDEPENDIENTE	MASTER 45 MAS	2	60	0:17:23	3:28	00:34:41	+ 00:04:52	3:28
53	33	MIGUEL ARAQUE GARCÍA	CD RUN FASTER	MASTER 35 MAS	10	53	0:17:12	3:26	00:34:46	+ 00:04:57	3:28
54	614	ALBERTO RODRIGUEZ-BARBERO	EXIC.A. SAN ILDEFONSO	SENIOR MAS	29	48	0:17:02	3:24	00:34:46	+ 00:04:58	3:28
55	195	CLAUDIA ESTÉVEZ MARTÍN	TROPS CUEVAS DE NERJA	SENIOR FEM	2	47	0:17:00	3:24	00:34:49	+ 00:05:00	3:28
56	275	OSCAR GONZALEZ DORADO	CLUB ATLETISMO SAN PABLO	SENIOR MAS	30	43	0:16:55	3:23	00:34:52	+ 00:05:03	3:29
57	613	JORGE RODRÍGUEZ SARDINERO	INDEPENDIENTE	MASTER 35 MAS	11	52	0:17:08	3:25	00:34:54	+ 00:05:05	3:29
58	653	VÍCTOR SÁNCHEZ DÍAZ	INDEPENDIENTE	SENIOR MAS	31	59	0:17:23	3:28	00:35:10	+ 00:05:22	3:31
59	214	GERARDO FONSECA NIETO	INDEPENDIENTE	MASTER 45 MAS	3	61	0:17:24	3:28	00:35:11	+ 00:05:22	3:31
60	548	DAVID PEDRAZA ARGUMÁNEZ	C.A. MANCHEGO	MASTER 40 MAS	10	62	0:17:24	3:28	00:35:17	+ 00:05:29	3:31
61	171	ÁLVARO DEL SAZ NAVARRO	CDA TARANCÓN	SUB 18/20 MAS	3	58	0:17:16	3:27	00:35:18	+ 00:05:30	3:31
62	371	CARLOS ANDRÉS LUCAS CANTERO	ATLETISMO C.P. LA RODA	MASTER 50 MAS	2	70	0:17:43	3:32	00:35:23	+ 00:05:35	3:32
63	539	GUILLERMO PÁRAMO IGLESIAS	SAN ILDEFONSO	SENIOR MAS	32	51	0:17:05	3:25	00:35:24	+ 00:05:36	3:32
64	320	ANTONIO JIMÉNEZ ONSURBE	A.C. MANCHATHON	SENIOR MAS	33	69	0:17:40	3:32	00:35:25	+ 00:05:37	3:32
65	667	CARLOS SÁNCHEZ-PRIETO MUÑOZ	C.A. MEMBRILLA	SUB 18/20 MAS	4	88	0:18:10	3:38	00:35:27	+ 00:05:39	3:32
66	732	SANTIAGO MIGUEL PATIÑO	CARRER.E3 TEAM ILLESCAS.	MASTER 45 MAS	4	63	0:17:26	3:29	00:35:32	+ 00:05:43	3:33



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						Pos	Tiempo	Vel			Tiempo Meta
67	428	JOSE JULIÁN MENA MONTOYA	CDA TARANCÓN	MASTER 45 MAS	5	67	0:17:39	3:31	00:35:34	+ 00:05:46	3:33
68	532	ANTONIO JOSÉ OSUNA MORAL	INDEPENDIENTE	MASTER 35 MAS	12	85	0:18:04	3:36	00:35:41	+ 00:05:52	3:34
69	438	RAUL MOLINA CLEMOT	C.A. ALBACETE-DIPUTACIÓN	SENIOR MAS	34	71	0:17:43	3:32	00:35:53	+ 00:06:05	3:35
70	446	MIGUEL ÁNGEL MONTAÑÉS JIMÉNEZ	CDE JM SERNA SEGUROS	SENIOR MAS	35	65	0:17:29	3:29	00:35:57	+ 00:06:09	3:35
71	723	ALBERTO VOZMEDIANO SERRANO	CDA TARANCÓN	SENIOR MAS	36	81	0:17:54	3:34	00:35:59	+ 00:06:11	3:35
72	471	ISIDORO MORENO GUTIÉRREZ	C.A. MANCHEGO	MASTER 50 MAS	3	76	0:17:46	3:33	00:36:00	+ 00:06:11	3:36
73	235	ALVARO GARCÍA DEL PINO	INDEPENDIENTE	SENIOR MAS	37	79	0:17:51	3:34	00:36:00	+ 00:06:11	3:36
74	426	VÍCTOR MEDINA CALLEJA	CLUB RUNNING MIGUEL ESTEBAN	MASTER 40 MAS	11	86	0:18:06	3:37	00:36:00	+ 00:06:12	3:36
75	132	SERGIO CASTILLO FERNÁNDEZ	REALRUNNERS CIUDAD REAL	SENIOR MAS	38	87	0:18:10	3:38	00:36:01	+ 00:06:13	3:36
76	330	OSCAR LAGUNA BUSTOS	REALRUNNERS	MASTER 40 MAS	12	89	0:18:11	3:38	00:36:01	+ 00:06:13	3:36
77	579	JESÚS QUINTANILLA MARQUINA	A.C. MANCHATHON	SENIOR MAS	39	68	0:17:40	3:32	00:36:03	+ 00:06:14	3:36
78	169	SANTIAGO DEL RIO RABADAN	INDEPENDIENTE	MASTER 40 MAS	13	75	0:17:46	3:33	00:36:04	+ 00:06:16	3:36
79	307	CRUZ ÁNGEL IZQUIERDO MANZANO	C.A. MEMBRILLA	MASTER 35 MAS	13	82	0:17:55	3:35	00:36:05	+ 00:06:16	3:36
80	534	JOSE ANTONIO PACHECO DÍA-MALAC	C.A. MEMBRILLA	MASTER 40 MAS	14	84	0:17:56	3:35	00:36:06	+ 00:06:17	3:36
81	194	MARCE ESQUINAS RIOJA	INDEPENDIENTE	MASTER 35 MAS	14	73	0:17:43	3:32	00:36:12	+ 00:06:23	3:37
82	83	DAVID CÁMARA GARRIDO	INDEPENDIENTE	MASTER 35 MAS	15	72	0:17:43	3:32	00:36:14	+ 00:06:26	3:37
83	567	PABLO PIZARRO BURGOS	UNIÓN ATLÉTICA CUA	SUB 18/20 MAS	5	78	0:17:50	3:34	00:36:22	+ 00:06:33	3:38
84	625	PEDRO ROMAN ROMERO ROMERO	CLUB ATLETISMO VIRGEN DEL ESP	MASTER 40 MAS	15	93	0:18:16	3:39	00:36:25	+ 00:06:36	3:38
85	676	ANTONIO SERRANO MORA	C.B ALBACETE	SUB 18/20 MAS	6	74	0:17:46	3:33	00:36:27	+ 00:06:39	3:38
86	286	JOSE ANTONIO GONZÁLEZ PERONA	INDEPENDIENTE	MASTER 40 MAS	16	94	0:18:19	3:39	00:36:28	+ 00:06:40	3:38
87	704	VIRGINIA TORRES SORIA	AD MARATHON	SENIOR FEM	3	83	0:17:55	3:35	00:36:29	+ 00:06:40	3:38
88	133	JOSE ANGEL CASTRO BECRRRA	INDEPENDIENTE	MASTER 35 MAS	16	77	0:17:49	3:33	00:36:41	+ 00:06:52	3:40
89	645	CARLOS RUIZ MORA	INDEPENDIENTE	MASTER 35 MAS	17	106	0:18:43	3:44	00:36:45	+ 00:06:57	3:40
90	36	ANGEL ARGUMANEZ	CLUB TRIATLÓN TRIPITORRA QUIN	MASTER 40 MAS	17	90	0:18:11	3:38	00:36:56	+ 00:07:08	3:41
91	610	ALFREDO RODRÍGUEZ MORENO	CORREMOLINOS CONSUEGRA	SENIOR MAS	40	91	0:18:16	3:39	00:36:58	+ 00:07:10	3:41
92	708	JOSÉ VALERO MORENO	A.C. MANCHATHON	MASTER 45 MAS	6	97	0:18:27	3:41	00:37:00	+ 00:07:12	3:42
93	677	JOSE CARLOS SERRANO PACHECO	INDEPENDIENTE	SUB 18/20 MAS	7	110	0:18:48	3:45	00:37:08	+ 00:07:19	3:42
94	91	CARLOS CANO DEL OLMO	ATLETISMO ALCABOZO	SENIOR MAS	41	96	0:18:21	3:40	00:37:10	+ 00:07:22	3:43
95	719	JOSE MANUEL VILLAMOR DIAZ	INDEPENDIENTE	MASTER 35 MAS	18	95	0:18:21	3:40	00:37:11	+ 00:07:23	3:43
96	185	ROBERTO DURO RAMOS	C.A SATURNO DAIMEL	MASTER 40 MAS	18	98	0:18:30	3:42	00:37:12	+ 00:07:23	3:43
97	583	EUGENIO RAMIREZ BOLAÑOS	PHI GRUPO POLIDEPORTIVO	MASTER 35 MAS	19	105	0:18:37	3:43	00:37:13	+ 00:07:24	3:43
98	206	DAVID FERNÁNDEZ SALINERO PIÑA	INDEPENDIENTE	MASTER 50 MAS	4	102	0:18:32	3:42	00:37:13	+ 00:07:24	3:43
99	554	EDUARDO PEÑA DORADO	CLUB ATLETISMO NOVES	MASTER 55 MAS	1	103	0:18:33	3:42	00:37:13	+ 00:07:25	3:43



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						Pos	Tiempo	Vel			
100	378	ALEJANDRO MANGLANO DUQUE	CDA TARANCÓN	SUB 18/20 MAS	8	66	0:17:37	3:31	00:37:15	+ 00:07:26	3:43
101	295	MARIOLA HERNÁNDEZ GONZÁLEZ	NUÑEZ RUN ATLETISMO NOVÉS	SUB 18/20 FEM	1	104	0:18:34	3:42	00:37:15	+ 00:07:27	3:43
102	628	JOSÉ MARÍA ROSADO CALVENTE	CDA TARANCÓN	MASTER 55 MAS	2	122	0:18:56	3:47	00:37:16	+ 00:07:27	3:43
103	115	JOSE ANTONIO CARRETERO SANTO	INDEPENDIENTE	SENIOR MAS	42	111	0:18:48	3:45	00:37:18	+ 00:07:29	3:43
104	294	SANTOS HERNANDEZ CALERO	INDEPENDIENTE	SENIOR MAS	43	109	0:18:47	3:45	00:37:19	+ 00:07:31	3:43
105	141	JOSE MARIA COBO LARA	A.C. MANCHATHON	MASTER 45 MAS	7	121	0:18:53	3:46	00:37:20	+ 00:07:32	3:44
106	260	RAFAEL GARVIN SOJO	INDEPENDIENTE	MASTER 40 MAS	19	92	0:18:16	3:39	00:37:22	+ 00:07:33	3:44
107	198	JAVIER FELIPE POVEDA	INDEPENDIENTE	SENIOR MAS	44	80	0:17:53	3:34	00:37:23	+ 00:07:35	3:44
108	581	GUILLERMO QUIRÓS DEL OLMO	CLUB ATLETISMO CRIPTANA	SENIOR MAS	45	100	0:18:31	3:42	00:37:27	+ 00:07:39	3:44
109	325	SERGIO JIMENEZ SERRANO	INDEPENDIENTE	MASTER 40 MAS	20	99	0:18:30	3:42	00:37:35	+ 00:07:46	3:45
110	315	ESTHER JIMÉNEZ DE LOS GALANES	C.A SATURNO DAIMEL	MASTER 40 FEM	1	114	0:18:50	3:46	00:37:37	+ 00:07:49	3:45
111	358	ALBERTO LOPEZ PADILLA	INDEPENDIENTE	SENIOR MAS	46	119	0:18:52	3:46	00:37:41	+ 00:07:52	3:46
112	453	JESÚS MORALEDA PALOMINO	CORREMOLINOS CONSUEGRA	SENIOR MAS	47	112	0:18:48	3:45	00:37:42	+ 00:07:54	3:46
113	276	SERGIO GONZÁLEZ GARCÍA	A.C. MANCHATHON	MASTER 40 MAS	21	120	0:18:52	3:46	00:37:50	+ 00:08:01	3:47
114	655	JORGE SANCHEZ GARCIA	CLUB ATLETISMO SANTOS	SENIOR MAS	48	148	0:19:26	3:53	00:37:50	+ 00:08:02	3:47
115	66	ANA BELÉN BERNALTE INCERTIS	CLUB UNIÓN ATLÉTICA CIUDAD REA	MASTER 45 FEM	1	113	0:18:49	3:45	00:37:53	+ 00:08:05	3:47
116	506	FRANCISCO MANUEL NIETO-SANDO	INDEPENDIENTE	MASTER 35 MAS	20	108	0:18:46	3:45	00:37:55	+ 00:08:06	3:47
117	626	IGNACIO ROMO DÍAZ ALEJO	CA. LAS LAGUNAS DE VILLAFRANC	SENIOR MAS	49	118	0:18:51	3:46	00:37:58	+ 00:08:09	3:47
118	503	RAÚL NICOLÁS VIDAL	CLUB ATLETISMO CRIPTANA	SENIOR MAS	50	101	0:18:31	3:42	00:38:01	+ 00:08:12	3:48
119	433	PEDRO MILAN JIMENEZ	CLUB ATLETISMO ELDA	MASTER 60 MAS	1	117	0:18:51	3:46	00:38:04	+ 00:08:16	3:48
120	649	ANTONIO SÁEZ MEGÍA	C.D. PASTOR POETA DE OCAÑA	MASTER 45 MAS	8	107	0:18:43	3:44	00:38:11	+ 00:08:22	3:49
121	25	RAMÓN ANDÚJAR FERNÁNDEZ	C.A. MEMBRILLA	MASTER 35 MAS	21	124	0:18:57	3:47	00:38:13	+ 00:08:25	3:49
122	430	JAVIER MENESES MARTÍN	E3 TEAM	SENIOR MAS	51	123	0:18:56	3:47	00:38:20	+ 00:08:31	3:50
123	170	OSCAR DEL RÍO RABADÁN	PHI GRUPO POLIDEPORTIVO	MASTER 40 MAS	22	125	0:18:58	3:47	00:38:22	+ 00:08:34	3:50
124	638	SANTOS RUIZ CANTÓN	CLUB ATLETISMO ARGAMASILLA DE	MASTER 60 MAS	2	134	0:19:10	3:50	00:38:27	+ 00:08:38	3:50
125	350	ALEJANDRO LÓPEZ DEL CASTILLO	FLOS TROTONES	MASTER 35 MAS	22	142	0:19:20	3:52	00:38:28	+ 00:08:40	3:50
126	504	VICENTE NIETO GARCIA	C.A SATURNO DAIMEL	MASTER 35 MAS	23	137	0:19:10	3:50	00:38:29	+ 00:08:41	3:50
127	480	JESÚS MIGUEL MOTA MARTÍNEZ	C. A. MOTEÑO	MASTER 45 MAS	9	139	0:19:17	3:51	00:38:34	+ 00:08:46	3:51
128	432	PABLO MEZCUA OLMEDO	A.C. MANCHATHON	MASTER 40 MAS	23	136	0:19:10	3:50	00:38:35	+ 00:08:46	3:51
129	163	ALMUDENA DE LA OSSA YUNTA	CD RUN FASTER	MASTER 40 FEM	2	132	0:19:10	3:50	00:38:37	+ 00:08:49	3:51
130	701	SERGIO TORRES HUERTA	CD PASTOR POETA	MASTER 35 MAS	24	133	0:19:10	3:50	00:38:39	+ 00:08:51	3:51
131	560	ROBERTO PEREZ RAMOS	INDEPENDIENTE	SENIOR MAS	52	145	0:19:22	3:52	00:38:42	+ 00:08:54	3:52
132	657	JOSÉ CRISTIAN SÁNCHEZ GARCÍA	CD RUN FASTER	MASTER 45 MAS	10	116	0:18:51	3:46	00:38:43	+ 00:08:55	3:52



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10K CORREN TOMELLOSO 2023

Distancia 10000 metros

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
133	650	MIGUEL ÁNGEL SALAS HERNÁNDEZ	INDEPENDIENTE	MASTER 50 MAS	5	150	0:19:32	3:54	00:38:44	+ 00:08:56	3:52
134	335	JOSE LUIS LARA JIMENEZ	A.C. MANCHATHON	MASTER 55 MAS	3	128	0:19:00	3:48	00:38:44	+ 00:08:56	3:52
135	322	MANUEL JIMENEZ RUIZ DE ELVIRA	CLUB ATLETISMO VIRGEN DEL ESP	MASTER 55 MAS	4	126	0:19:00	3:48	00:38:45	+ 00:08:56	3:52
136	434	CARLOS MILLA PAREJA	ATLETISMO C.P. LA RODA	MASTER 40 MAS	24	141	0:19:20	3:52	00:38:46	+ 00:08:57	3:52
137	58	CIPRIANO BENITO BALLESTEROS	CDE JM SERNA SEGUROS	MASTER 60 MAS	3	130	0:19:10	3:50	00:38:49	+ 00:09:01	3:52
138	660	EMILIO JOSE SANCHEZ JIMENEZ	C.A SATURNO DAIMEL	MASTER 40 MAS	25	138	0:19:17	3:51	00:38:57	+ 00:09:08	3:53
139	470	GREGORIO MORENO FRESNEDA	CLUB ATLETISMO ARGAMASILLA DE	MASTER 40 MAS	26	135	0:19:10	3:50	00:38:58	+ 00:09:10	3:53
140	647	PASCUAL RUIZ SANTA QUITERIA DEL	INDEPENDIENTE	MASTER 40 MAS	27	146	0:19:22	3:52	00:39:01	+ 00:09:13	3:54
141	396	JESUS ANGEL MARTÍN DÍAZ	ATLETISMO BOLAÑOS	MASTER 40 MAS	28	143	0:19:21	3:52	00:39:02	+ 00:09:14	3:54
142	604	ANGEL LUIS RODRIGO BECERRA	C.A. MANCHEGO	MASTER 35 MAS	25	115	0:18:50	3:46	00:39:05	+ 00:09:16	3:54
143	481	ROBERTO MOYA GARCÍA	C.A. MEMBRILLA	SUB 18/20 MAS	9	140	0:19:19	3:51	00:39:06	+ 00:09:18	3:54
144	192	JOSE DAVID ESPINOSA MONTEJANCA	C. MANCHATHON	MASTER 35 MAS	26	129	0:19:04	3:48	00:39:07	+ 00:09:19	3:54
145	367	JOAQUIN LOZANO BELLON	CLUB ATLETISMO VIRGEN DEL ESP	MASTER 50 MAS	6	155	0:19:37	3:55	00:39:11	+ 00:09:23	3:55
146	305	JOSÉ CARLOS INFANTE CAMPOS	CLUB ATLETISMO VIRGEN DEL ESP	MASTER 45 MAS	11	154	0:19:36	3:55	00:39:12	+ 00:09:24	3:55
147	648	JOSE LUIS RUIZ VALENTIN	A.A. LOS PIELES RUN	MASTER 40 MAS	29	164	0:19:44	3:56	00:39:14	+ 00:09:25	3:55
148	718	ALONSO VILLALGORDO BELLOSO	ATLETISMO ALCABOZO	MASTER 45 MAS	12	153	0:19:36	3:55	00:39:14	+ 00:09:26	3:55
149	41	ANDRÉS ARROYO SÁNCHEZ	INDEPENDIENTE	SENIOR MAS	53	149	0:19:28	3:53	00:39:20	+ 00:09:31	3:56
150	304	MANUEL IBORRA GARROTE	AD MARATHON	SENIOR MAS	54	176	0:19:50	3:58	00:39:25	+ 00:09:37	3:56
151	640	ANTONIO RUIZ ESPADA	A.C. MANCHATHON	MASTER 50 MAS	7	156	0:19:39	3:55	00:39:28	+ 00:09:40	3:56
152	487	JOSÉ ÁNGEL MUÑOZ JIMÉNEZ	INDEPENDIENTE	MASTER 45 MAS	13	167	0:19:45	3:57	00:39:31	+ 00:09:42	3:57
153	46	JESÚS MIGUEL BARRAJÓN CÁMARA	INDEPENDIENTE	MASTER 45 MAS	14	127	0:19:00	3:48	00:39:31	+ 00:09:43	3:57
154	208	EMILIO FERNÁNDEZ VIÑAS	INDEPENDIENTE	MASTER 40 MAS	30	162	0:19:44	3:56	00:39:33	+ 00:09:44	3:57
155	666	JOSUÉ SÁNCHEZ PIÑA	INDEPENDIENTE	MASTER 45 MAS	15	173	0:19:49	3:57	00:39:34	+ 00:09:46	3:57
156	484	VÍCTOR MOYA MEDINA	INDEPENDIENTE	MASTER 50 MAS	8	152	0:19:35	3:55	00:39:35	+ 00:09:47	3:57
157	218	JOSÉ ANTONIO FRESNEDA MORENCA	C. MANCHATHON	MASTER 50 MAS	9	159	0:19:41	3:56	00:39:36	+ 00:09:47	3:57
158	56	ALEJANDRO BENÍTEZ LEAL	CLUB TRIATLON CRIPTANA GIGANT	MASTER 50 MAS	10	163	0:19:44	3:56	00:39:36	+ 00:09:47	3:57
159	271	JOSE GONZÁLEZ CALERO	INDEPENDIENTE	SENIOR MAS	55	172	0:19:47	3:57	00:39:36	+ 00:09:47	3:57
160	314	JULIÁN JIMÉNEZ CRUZ	A.C. MANCHATHON	MASTER 35 MAS	27	165	0:19:45	3:57	00:39:38	+ 00:09:50	3:57
161	9	CARLOS ALCOLADO PINTADO	INDEPENDIENTE	MASTER 40 MAS	31	174	0:19:49	3:57	00:39:42	+ 00:09:53	3:58
162	147	FERNANDO COTILLAS NAVARRO	CLUB ATLETISMO VIRGEN DEL ESP	MASTER 40 MAS	32	168	0:19:45	3:57	00:39:44	+ 00:09:55	3:58
163	273	JAVIER GONZÁLEZ CASTELLANOS	REAL RUNNERS	SENIOR MAS	56	169	0:19:46	3:57	00:39:54	+ 00:10:06	3:59
164	230	FRANCISCO GARCÍA ANDÚJAR	C.A. MEMBRILLA	MASTER 35 MAS	28	183	0:20:11	4:02	00:39:56	+ 00:10:07	3:59
165	167	MARIA JOSE DE TORO SAIZ	ATLETISMO C.P. LA RODA	MASTER 45 FEM	2	151	0:19:33	3:54	00:39:57	+ 00:10:08	3:59



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10K CORREN TOMELLOSO 2023

Distancia 10000 metros

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
166	736	JOSÉ LUIS MARTÍN CERDEÑO	VINO DE TORO CAJA RURAL	MASTER 55 MAS	5	161	0:19:44	3:56	00:39:59	+ 00:10:10	3:59
167	344	MANUEL LOMAS MORAGO	A.C. MANCHATHON	SENIOR MAS	57	175	0:19:49	3:57	00:40:01	+ 00:10:12	4:00
168	694	JOSÉ JUAN TÍSCAR GONZÁLEZ	TRIATLÉTICO TOMELLOSO	MASTER 50 MAS	11	185	0:20:15	4:03	00:40:02	+ 00:10:14	4:00
169	95	JUAN CANO LÓPEZ-FRAILE	C.A. MEMBRILLA	MASTER 40 MAS	33	166	0:19:45	3:57	00:40:03	+ 00:10:15	4:00
170	155	RAÚL CRUZ SOTO	A.C. MANCHATHON	MASTER 40 MAS	34	160	0:19:43	3:56	00:40:04	+ 00:10:15	4:00
171	204	ALONSO FERNÁNDEZ FRESNEDA	A.C. MANCHATHON	SUB 18/20 MAS	10	144	0:19:21	3:52	00:40:06	+ 00:10:17	4:00
172	254	ANTONIO GARCIA ROMERO	A.C. MANCHATHON	MASTER 55 MAS	6	131	0:19:10	3:50	00:40:09	+ 00:10:21	4:00
173	673	FRANCISCO SERRANO DE LA CRUZ	INDEPENDIENTE	MASTER 35 MAS	29	196	0:20:35	4:07	00:40:10	+ 00:10:22	4:01
174	316	AA JESUS JIMENEZ GONZÁLEZ	BIKILA RUN WITH ME IVAN GALAN	MASTER 40 MAS	35	171	0:19:46	3:57	00:40:12	+ 00:10:24	4:01
175	398	ALFONSO MARTIN PEREZAGUA	INDEPENDIENTE	MASTER 45 MAS	16	158	0:19:41	3:56	00:40:16	+ 00:10:28	4:01
176	646	JAVIER RUIZ MORA	ANDARINES CIUDAD REAL	MASTER 35 MAS	30	178	0:19:58	3:59	00:40:21	+ 00:10:32	4:02
177	569	ROBERTO POLO ABAD	ATLETISMO ALCABOZO	MASTER 40 MAS	36	190	0:20:27	4:05	00:40:22	+ 00:10:34	4:02
178	469	ÁNGEL MORENO DÍAZ-BERNARDO	BIKILA RUN WITH ME IVÁN GALÁN	MASTER 45 MAS	17	170	0:19:46	3:57	00:40:23	+ 00:10:34	4:02
179	216	FRANCISCO FORNA	C.A. ALBACETE-DIPUTACIÓN	MASTER 45 MAS	18	194	0:20:30	4:06	00:40:28	+ 00:10:39	4:02
180	462	LUIS MIGUEL MORALES PERALES	PHI GRUPO POLIDEPORTIVO	MASTER 50 MAS	12	157	0:19:40	3:56	00:40:34	+ 00:10:46	4:03
181	183	JUAN ANTONIO DONADO MORENO	INDEPENDIENTE	SENIOR MAS	58	186	0:20:18	4:03	00:40:41	+ 00:10:52	4:04
182	48	TOMÁS BAUTISTA CERRO	C.A. MEMBRILLA	MASTER 40 MAS	37	177	0:19:55	3:59	00:40:47	+ 00:10:59	4:04
183	233	ALEX GARCÍA CONSUEGRA MIRÓ	C.A. SATURNO DAIMEL	SUB 18/20 MAS	11	179	0:19:58	3:59	00:40:48	+ 00:10:59	4:04
184	483	ANTONIO MOYA MADRID	INDEPENDIENTE	MASTER 60 MAS	4	181	0:20:04	4:00	00:40:48	+ 00:11:00	4:04
185	730	MIGUEL RAMÍEREZ	A.C. MANCHATHON	MASTER 45 MAS	19	206	0:20:44	4:08	00:40:51	+ 00:11:02	4:05
186	507	PAOLA NIÑO TORRIJOS	AD MARATHON	MASTER 35 FEM	1	197	0:20:36	4:07	00:40:57	+ 00:11:09	4:05
187	357	ÁNGEL LÓPEZ MORENO	INDEPENDIENTE	MASTER 45 MAS	20	187	0:20:18	4:03	00:40:58	+ 00:11:10	4:05
188	488	ALFONSO MUÑOZ LUNA	CLUB ATLETISMO VIRGEN DEL ESP	MASTER 40 MAS	38	203	0:20:38	4:07	00:40:59	+ 00:11:11	4:05
189	441	MANUEL MOLINA SERRANO	INDEPENDIENTE	MASTER 35 MAS	31	202	0:20:38	4:07	00:41:01	+ 00:11:13	4:06
190	306	CRISTINA IZARRA PEREZ	C.A. MEMBRILLA	MASTER 35 FEM	2	180	0:20:00	4:00	00:41:02	+ 00:11:14	4:06
191	458	ISABEL MORALES GONZALEZ	C.A. SATURNO DAIMEL	MASTER 40 FEM	3	189	0:20:23	4:04	00:41:04	+ 00:11:16	4:06
192	257	MARÍA VICTORIA GARCÍA VAQUERO	C.A. MANCHEGO	MASTER 45 FEM	3	201	0:20:38	4:07	00:41:05	+ 00:11:17	4:06
193	267	LUIS MARTIN GOMEZ ROMAN	C.A. MANCHEGO	MASTER 50 MAS	13	198	0:20:37	4:07	00:41:05	+ 00:11:17	4:06
194	490	JOSE LUIS MUÑOZ MEZCUA	A.C. MANCHATHON	MASTER 35 MAS	32	211	0:20:57	4:11	00:41:15	+ 00:11:27	4:07
195	656	SANDRA SÁNCHEZ GARCÍA	CD RUN FASTER	MASTER 45 FEM	4	195	0:20:32	4:06	00:41:16	+ 00:11:27	4:07
196	485	ALFONSO JESUS MOYANO SERRANCA	C. MANCHATHON	MASTER 40 MAS	39	184	0:20:12	4:02	00:41:23	+ 00:11:35	4:08
197	189	JOSE VICENTE ESPINOSA ACEDO	CLUB TRIATLÓN TOMELLOSO	MASTER 40 MAS	40	188	0:20:19	4:03	00:41:27	+ 00:11:38	4:08
198	236	MAXIMO GARCÍA ESPADA	CLUB PUEBLA ALMORADIEL	MASTER 45 MAS	21	199	0:20:37	4:07	00:41:29	+ 00:11:41	4:08



Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			Tiempo Meta
199	353	JUAN ANTONIO LOPEZ MANDIETA	ATLETISMO C.P. LA RODA	MASTER 45 MAS	22	182	0:20:08	4:01	00:41:31	+ 00:11:42	4:09
200	14	JOSÉ ALMARCHA MÁRQUEZ	INDEPENDIENTE	SENIOR MAS	59	252	0:21:52	4:22	00:41:37	+ 00:11:49	4:09
201	592	FRANCISCO RAMOS GOMEZ	ATLETISMO C.P. LA RODA	MASTER 40 MAS	41	205	0:20:41	4:08	00:41:47	+ 00:11:59	4:10
202	680	JOSÉ JAVIER SEVILLA MAYORAL	CLUB RUNNING MIGUEL ESTEBAN	SENIOR MAS	60	200	0:20:37	4:07	00:41:49	+ 00:12:01	4:10
203	77	LUIS BUSTAMANTE LOPEZ	ATLETISMO ALCABOZO	MASTER 50 MAS	14	216	0:21:04	4:12	00:41:51	+ 00:12:03	4:11
204	210	ADRIÁN FIERREZ RODRÍGUEZ DE GUTROTAMONTES		SENIOR MAS	61	147	0:19:23	3:52	00:41:53	+ 00:12:04	4:11
205	317	MARIA JOSÉ JIMENEZ HERRERIAS	C.A. MEMBRILLA	MASTER 40 FEM	4	207	0:20:44	4:08	00:41:54	+ 00:12:05	4:11
206	577	JESUS QUEVEDO CEPEDA	A.C. MANCHATHON	MASTER 35 MAS	33	191	0:20:28	4:05	00:41:57	+ 00:12:09	4:11
207	587	FRANCISCO RAMIREZ MENCHEN	A.C. MANCHATHON	MASTER 50 MAS	15	193	0:20:28	4:05	00:41:58	+ 00:12:09	4:11
208	248	JORGE LUIS GARCÍA OLIVA	KM 0 VILLASEQUILLA	MASTER 60 MAS	5	192	0:20:28	4:05	00:41:58	+ 00:12:09	4:11
209	288	JUAN CARLOS GONZÁLEZ-CALERO	LBELMO MUEBLES MANZANARES	MASTER 50 MAS	16	208	0:20:48	4:09	00:42:00	+ 00:12:12	4:12
210	705	JUAN CRISTÓBAL TORRES TORRES	LOS TROTONES	MASTER 45 MAS	23	210	0:20:49	4:09	00:42:04	+ 00:12:16	4:12
211	622	JULIÁN ROMERO DE ÁVILA	REINOSCI INDEPENDIENTE	MASTER 35 MAS	34	251	0:21:51	4:22	00:42:12	+ 00:12:23	4:13
212	491	MANUEL JESÚS MUÑOZ PINTOR	INDEPENDIENTE	MASTER 40 MAS	42	204	0:20:40	4:08	00:42:12	+ 00:12:24	4:13
213	576	BRUNO PULPÓN RIVERA	ATLETISMO ALCABOZO	SENIOR MAS	62	219	0:21:08	4:13	00:42:13	+ 00:12:25	4:13
214	244	ANA ISABEL GARCÍA MENDOZA	INDEPENDIENTE	MASTER 45 FEM	5	212	0:20:59	4:11	00:42:13	+ 00:12:25	4:13
215	31	JAVIER APARICIO ROMERO	ATLETISMO ALCABOZO	SENIOR MAS	63	220	0:21:08	4:13	00:42:14	+ 00:12:25	4:13
216	40	MARÍA LUCÍA ARNAIZ SANCHEZ-PAN	C.A. MANCHEGO	MASTER 40 FEM	5	215	0:21:03	4:12	00:42:17	+ 00:12:29	4:13
217	220	NURIA FUNEZ DE GREGORIO	INDEPENDIENTE	MASTER 40 FEM	6	228	0:21:23	4:16	00:42:30	+ 00:12:42	4:15
218	120	JOSE LUIS CASERO CANO	INDEPENDIENTE	MASTER 40 MAS	43	225	0:21:17	4:15	00:42:33	+ 00:12:44	4:15
219	637	JOSÉ LUIS RUDA GARCÍA	PHI GRUPO POLIDEPORTIVO	MASTER 45 MAS	24	213	0:21:00	4:12	00:42:35	+ 00:12:47	4:15
220	29	SILVIA APARICIO PALOMINO	CRIPTANA VERTICAL	MASTER 45 FEM	6	243	0:21:37	4:19	00:42:40	+ 00:12:51	4:16
221	181	JESÚS DÍEZ NOTARIO	INDEPENDIENTE	MASTER 40 MAS	44	230	0:21:24	4:16	00:42:41	+ 00:12:52	4:16
222	572	EDUARDO PRISCO MONTERO	PHI GRUPO POLIDEPORTIVO	MASTER 40 MAS	45	231	0:21:24	4:16	00:42:44	+ 00:12:55	4:16
223	513	CRUZ OCHOA PATIÑO	INDEPENDIENTE	MASTER 60 MAS	6	232	0:21:25	4:17	00:42:46	+ 00:12:57	4:16
224	234	JULIAN GARCIA DE MATEOS SERRA	A.C. MANCHATHON	MASTER 40 MAS	46	254	0:21:53	4:22	00:42:49	+ 00:13:00	4:16
225	250	PEDRO GARCIA OLMEDO	A.C. MANCHATHON	MASTER 40 MAS	47	222	0:21:14	4:14	00:42:52	+ 00:13:03	4:17
226	203	ISIDRO FERNÁNDEZ CORRALES	C.A. LAS LAGUNAS DE VILLAFRANC	MASTER 35 MAS	35	229	0:21:23	4:16	00:42:53	+ 00:13:05	4:17
227	1	JOSÉ RAMÓN ABAD CULEBRAS	INDEPENDIENTE	MASTER 55 MAS	7	246	0:21:45	4:21	00:42:54	+ 00:13:06	4:17
228	550	JESÚS PEDRAZA RUÍZ	A.C. MANCHATHON	MASTER 35 MAS	36	227	0:21:22	4:16	00:42:55	+ 00:13:07	4:17
229	533	ANTONIO OTERO CANO	CLUB ATLETISMO MOTEÑO	MASTER 35 MAS	37	244	0:21:45	4:21	00:42:58	+ 00:13:10	4:17
230	447	ANGEL MONTEJANO SERNA	A.C. MANCHATHON	MASTER 50 MAS	17	221	0:21:14	4:14	00:42:59	+ 00:13:10	4:17
231	495	ROCÍO NAVARRO BECERRA	INDEPENDIENTE	MASTER 40 FEM	7	234	0:21:26	4:17	00:43:00	+ 00:13:12	4:18



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10K CORREN TOMELLOSO 2023

Distancia 10000 metros

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
232	424	ALBERTO MAYORDOMO PULPÓN	ATLETISMO ALCABOZO	MASTER 35 MAS	38	218	0:21:06	4:13	00:43:05	+ 00:13:17	4:18
233	684	VICTOR SIERRA LAGUNA	A.C. MANCHATHON	SENIOR MAS	64	263	0:22:13	4:26	00:43:11	+ 00:13:23	4:19
234	45	DAVID BANEGAS URDA	OJOS DEL GUADIANA	MASTER 35 MAS	39	226	0:21:22	4:16	00:43:12	+ 00:13:24	4:19
235	299	GEMMA HERVÁS GARRIDO	C.A SATURNO DAIMEL	MASTER 35 FEM	3	224	0:21:17	4:15	00:43:13	+ 00:13:25	4:19
236	76	RAFAEL BURILLO OLMEDO	INDEPENDIENTE	MASTER 35 MAS	40	249	0:21:51	4:22	00:43:18	+ 00:13:29	4:19
237	108	JOSÉ ÁNGEL CARRASCO ESPINOSA	INDEPENDIENTE	MASTER 45 MAS	25	256	0:21:55	4:23	00:43:27	+ 00:13:38	4:20
238	598	MARCO REINA RAMIREZ	FISIOMAR	MASTER 50 MAS	18	233	0:21:25	4:17	00:43:27	+ 00:13:39	4:20
239	34	ANGELA ARAUJO FERNANDEZ	26 MILLAS	MASTER 50 FEM	1	261	0:22:10	4:26	00:43:29	+ 00:13:40	4:20
240	393	ALFONSO MARQUINA MOLINA	INDEPENDIENTE	SENIOR MAS	65	239	0:21:34	4:18	00:43:29	+ 00:13:41	4:20
241	258	EMILIO GARRIDO GONZÁLEZ	INDEPENDIENTE	MASTER 35 MAS	41	209	0:20:48	4:09	00:43:30	+ 00:13:42	4:21
242	240	JUAN MANUEL GARCÍA HURTADO	EXTENUACIÓN	MASTER 50 MAS	19	240	0:21:35	4:19	00:43:31	+ 00:13:43	4:21
243	693	ROCÍO TERRIZA VAQUERO	C.A SATURNO DAIMEL	SENIOR FEM	4	242	0:21:36	4:19	00:43:31	+ 00:13:43	4:21
244	199	MERCEDES FERNÁNDEZ CAMACHO	PHI GRUPO POLIDEPORTIVO	MASTER 35 FEM	4	241	0:21:35	4:19	00:43:38	+ 00:13:50	4:21
245	164	JORGE DE LA PEÑA GORDO	CD RUN FASTER	MASTER 50 MAS	20				00:43:45	+ 00:13:57	4:22
246	69	ANTONIO BONILLA DE FRANCISCO	C. D. VELOCIRAPTOR	MASTER 60 MAS	7	237	0:21:30	4:18	00:43:47	+ 00:13:59	4:22
247	24	DANIEL ANDRÉS BLANCO	C.D. VELOCIRAPTOR	MASTER 45 MAS	26	236	0:21:30	4:18	00:43:48	+ 00:13:59	4:22
248	478	EVA MORENO SÁNCHEZ	CUA	MASTER 45 FEM	7	247	0:21:48	4:21	00:43:48	+ 00:14:00	4:22
249	327	ALICIA JIMÉNEZ UTRILLA	LOS YO VOY	MASTER 40 FEM	8	250	0:21:51	4:22	00:43:49	+ 00:14:01	4:22
250	514	MIGUEL OLMEDO ALONSO	TRIATLÓN GIGANTES CRIPTANA	MASTER 35 MAS	42	248	0:21:51	4:22	00:43:50	+ 00:14:01	4:23
251	126	FERNANDO CASTELLANOS LOZANO	INDEPENDIENTE	SENIOR MAS	66	262	0:22:10	4:26	00:43:50	+ 00:14:02	4:23
252	711	CARLOS ALBERTO VELA GRAO	INDEPENDIENTE	SENIOR MAS	67	235	0:21:27	4:17	00:43:54	+ 00:14:05	4:23
253	528	JOSE EUGENIO ORTIZ GARCIA	A.C. MANCHATHON	MASTER 40 MAS	48	266	0:22:16	4:27	00:43:56	+ 00:14:08	4:23
254	479	GABRIEL MORENO-ARRONES ARIAS	INDEPENDIENTE	MASTER 35 MAS	43	259	0:22:07	4:25	00:43:56	+ 00:14:08	4:23
255	351	JAVIER LÓPEZ GARCIA	CLUB ATLETISMO MOTEÑO	MASTER 35 MAS	44	245	0:21:45	4:21	00:44:08	+ 00:14:20	4:24
256	10	MIGUEL ÁNGEL ALCOLEA ESPINOSA	A.C. MANCHATHON	MASTER 40 MAS	49	214	0:21:02	4:12	00:44:09	+ 00:14:20	4:24
257	278	ROMAN GONZALEZ GONZALEZ ALBOLOS	TROTONES	MASTER 45 MAS	27	264	0:22:14	4:26	00:44:09	+ 00:14:21	4:24
258	5	NOELIA AGUILAR JURADO	CLUB ATLETISMO INFANTES	MASTER 35 FEM	5	260	0:22:09	4:25	00:44:10	+ 00:14:22	4:25
259	107	ANTONIO CARRASCO	CRONO SOCUÉLLAMOS	MASTER 50 MAS	21	271	0:22:22	4:28	00:44:13	+ 00:14:25	4:25
260	561	DAVID PÉREZ ROS	INDEPENDIENTE	MASTER 35 MAS	45	255	0:21:54	4:22	00:44:16	+ 00:14:27	4:25
261	65	DAVID BERMÚDEZ NIETO	A.C. MANCHATHON	MASTER 45 MAS	28	267	0:22:17	4:27	00:44:17	+ 00:14:29	4:25
262	211	RAMON FIERREZ SÁNCHEZ	TROTAMONTES	MASTER 55 MAS	8	223	0:21:14	4:14	00:44:22	+ 00:14:33	4:26
263	103	DANIEL CANTOS ROSADO	A.C. MANCHATHON	MASTER 35 MAS	46	287	0:22:51	4:34	00:44:29	+ 00:14:41	4:26
264	461	PEDRO LUIS MORALES PALOMINO	A.C. MANCHATHON	MASTER 35 MAS	47	270	0:22:21	4:28	00:44:30	+ 00:14:41	4:27



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
265	104	RAÚL CANTOS ROSADO	INDEPENDIENTE	SENIOR MAS	68	286	0:22:50	4:34	00:44:31	+ 00:14:42	4:27
266	221	JUAN MANUEL FUSTER BAIXAULI	DON QUIJOTE ALBACETE	MASTER 40 MAS	50	257	0:21:57	4:23	00:44:33	+ 00:14:45	4:27
267	309	CONSTANTINO JAEN ANDRÉS	A.C. MANCHATHON	MASTER 45 MAS	29	253	0:21:53	4:22	00:44:35	+ 00:14:47	4:27
268	261	CARMEN GIMÉNEZ DE LOS GALANE	C.A SATURNO DAIMEL	MASTER 40 FEM	9	277	0:22:33	4:30	00:44:37	+ 00:14:49	4:27
269	621	DOMINGO TOMAS ROMERO DE AVILA	A.C. MANCHATHON	MASTER 55 MAS	9				00:44:39	+ 00:14:50	4:27
270	635	GUMERSINDO RUBIO JIMÉNEZ	INDEPENDIENTE	MASTER 35 MAS	48	274	0:22:31	4:30	00:44:42	+ 00:14:53	4:28
271	524	RICARDO ORTEGA OLMEDO	INDEPENDIENTE	MASTER 35 MAS	49	265	0:22:16	4:27	00:44:44	+ 00:14:56	4:28
272	13	ALBERTO ALDA RODRÍGUEZ	C.T. GUADALAJARA	MASTER 55 MAS	10	283	0:22:47	4:33	00:44:45	+ 00:14:56	4:28
273	661	DANIEL SÁNCHEZ LARA	INDEPENDIENTE	SENIOR MAS	69	658	0:44:16	8:51	00:44:47	+ 00:14:59	4:28
274	535	SILVIA PADUREANU	A.C. MANCHATHON	SENIOR FEM	5	269	0:22:21	4:28	00:44:48	+ 00:15:00	4:28
275	457	DIANA CAROLINA MORALES DE VALIATLETISMO	ALCABOZO	MASTER 35 FEM	6	258	0:22:06	4:25	00:44:50	+ 00:15:02	4:29
276	32	MIREYA ARAGONÉS CHAPARRO	A.C. MANCHATHON	SENIOR FEM	6	268	0:22:21	4:28	00:44:52	+ 00:15:03	4:29
277	2	ALVARO ABEL DE LA CRUZ VEGUE	BIKILA RUN WITH ME IVÁN GALAN	SENIOR MAS	70	238	0:21:31	4:18	00:44:59	+ 00:15:10	4:29
278	242	JAVIER GARCÍA JIMÉNEZ	C.A.LAS LAGUNAS DE VILLAFRANCA	MASTER 45 MAS	30	302	0:23:16	4:39	00:45:11	+ 00:15:22	4:31
279	339	VICENTE LASERNA MENDIETA	RUN & CO	MASTER 35 MAS	50	290	0:22:57	4:35	00:45:14	+ 00:15:26	4:31
280	580	JOSE QUINTANILLA ROPERO	INDEPENDIENTE	MASTER 60 MAS	8	289	0:22:54	4:34	00:45:17	+ 00:15:28	4:31
281	333	RUBEN LARA DIAZ	INDEPENDIENTE	SENIOR MAS	71	275	0:22:32	4:30	00:45:19	+ 00:15:31	4:31
282	122	MIGUEL ANGEL CASERO MONTEALECA	LAS LAGUNAS DE VILLAFRANCA	MASTER 45 MAS	31	304	0:23:16	4:39	00:45:20	+ 00:15:32	4:32
283	336	VICENTE JAVIER LARA MADRIGAL	A.A. LOS PIELES RUN	MASTER 35 MAS	51	280	0:22:43	4:32	00:45:22	+ 00:15:33	4:32
284	318	ISAAC JIMÉNEZ JIMÉNEZ	INDEPENDIENTE	MASTER 35 MAS	52	278	0:22:38	4:31	00:45:24	+ 00:15:35	4:32
285	394	JUAN MARTÍN CANO	INDEPENDIENTE	MASTER 55 MAS	11	319	0:23:26	4:41	00:45:29	+ 00:15:41	4:32
286	380	JOSÉ RAMÓN MANJAVACAS LÓPEZ-	CLUB TRIATLÓN CRIPTANA GIGANT	MASTER 60 MAS	9	272	0:22:29	4:29	00:45:36	+ 00:15:47	4:33
287	225	LAURA GALLEGU NOVILLO	A.A. LOS PIELES RUN	MASTER 35 FEM	7	276	0:22:33	4:30	00:45:44	+ 00:15:56	4:34
288	79	ROSANA CALDERON SANCHEZ	C.A SATURNO DAIMEL	MASTER 45 FEM	8	279	0:22:40	4:32	00:45:44	+ 00:15:56	4:34
289	42	JOSE BALLESTEROS BENITO	A.C. MANCHATHON	MASTER 40 MAS	51	273	0:22:30	4:30	00:45:47	+ 00:15:59	4:34
290	277	RUBEN GONZALEZ GONZALEZ	INDEPENDIENTE	MASTER 40 MAS	52	282	0:22:47	4:33	00:45:52	+ 00:16:03	4:35
291	654	PILAR SÁNCHEZ DÍAZ	CLUB ATLETISMO PUERTOLLANO	MASTER 50 FEM	2	285	0:22:50	4:34	00:45:55	+ 00:16:07	4:35
292	172	JOSE RAMON DELGADO ABAD	INDEPENDIENTE	MASTER 45 MAS	32	291	0:22:59	4:35	00:45:56	+ 00:16:08	4:35
293	30	ANTONIO MANUEL APARICIO ROMER	INDEPENDIENTE	MASTER 45 MAS	33	297	0:23:11	4:38	00:46:07	+ 00:16:18	4:36
294	39	JOSE ORLANDO ARMERO MENCHEN	CLUB ATLETISMO ARGAMASILLA DE	MASTER 40 MAS	53	296	0:23:11	4:38	00:46:07	+ 00:16:18	4:36
295	71	DOREL BOTEZATU	INDEPENDIENTE	MASTER 35 MAS	53	299	0:23:14	4:38	00:46:08	+ 00:16:20	4:36
296	28	YOLANDA APARICIO PALOMINO	INDEPENDIENTE	MASTER 45 FEM	9	292	0:23:00	4:36	00:46:09	+ 00:16:21	4:36
297	642	DAVID RUIZ GONZÁLEZ	A.A. LOS PIELES RUN	SENIOR MAS	72	284	0:22:50	4:34	00:46:12	+ 00:16:23	4:37



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						Pos	Tiempo	Vel			Tiempo Meta
298	85	JUAN RAMON CAMARENA MARQUES	INDEPENDIENTE	MASTER 40 MAS	54	317	0:23:24	4:40	00:46:12	+ 00:16:24	4:37
299	722	PEDRO JOSE VILLENA SÁNCHEZ-MIK	CLUB ATLETISMO VIRGEN DEL ESP	SENIOR MAS	73	293	0:23:01	4:36	00:46:14	+ 00:16:25	4:37
300	590	JORGE RAMIREZ POZUELO	PHI GRUPO POLIDEPORTIVO	MASTER 40 MAS	55	321	0:23:36	4:43	00:46:14	+ 00:16:25	4:37
301	603	CÉSAR RODRIGO BECERRA	A.C. MANCHATHON	SENIOR MAS	74	294	0:23:05	4:37	00:46:19	+ 00:16:30	4:37
302	605	VICENTE RODRIGO DÍAZ	A.C. MANCHATHON	MASTER 60 MAS	10	300	0:23:14	4:38	00:46:22	+ 00:16:33	4:38
303	500	RAMÓN NAVARRO PLAZA	INDEPENDIENTE	SENIOR MAS	75	309	0:23:18	4:39	00:46:27	+ 00:16:39	4:38
304	154	KEVIN FRANCISCO CRUZ CAJAS	INDEPENDIENTE	SENIOR MAS	76	310	0:23:18	4:39	00:46:27	+ 00:16:39	4:38
305	81	ALEX CAMACHO ALARCON	C.A. RUNNING VILLARROBLEDO	SUB 18/20 MAS	12	281	0:22:43	4:32	00:46:30	+ 00:16:42	4:39
306	193	JOSÉ MARÍA ESPINOSA NOVILLO	C.D.MARATONIANO QUINTO ALIENT	MASTER 60 MAS	11	338	0:23:58	4:47	00:46:34	+ 00:16:45	4:39
307	61	JOSE JOAQUIN BENITO DIAZ	INDEPENDIENTE	SENIOR MAS	77	318	0:23:24	4:40	00:46:34	+ 00:16:46	4:39
308	620	BLANCA ROMERAL VERBO	PHI GRUPO POLIDEPORTIVO	MASTER 55 FEM	1	305	0:23:17	4:39	00:46:37	+ 00:16:48	4:39
309	529	DANIEL ORTIZ GARCÍA-MIGUEL	LOS TROTONES	MASTER 45 MAS	34	350	0:24:13	4:50	00:46:37	+ 00:16:49	4:39
310	343	ANDRÉS LIZCANO VELA	YO VOY	MASTER 45 MAS	35	334	0:23:49	4:45	00:46:41	+ 00:16:52	4:40
311	406	MARÍA ISABEL MARTÍNEZ GARCÍA	CD RUN FASTER	SENIOR FEM	7	315	0:23:22	4:40	00:46:42	+ 00:16:53	4:40
312	624	SUSANA ROMERO HERNANDEZ	CD RUN FASTER	MASTER 40 FEM	10	298	0:23:13	4:38	00:46:44	+ 00:16:55	4:40
313	180	MÓNICA DÍAZ-ROPERO PÉREZ-BUSTY	YO VOY	SENIOR FEM	8	333	0:23:49	4:45	00:46:45	+ 00:16:57	4:40
314	695	JOSÉ BENITO TOLDOS YUSTE	A.C. MANCHATHON	MASTER 50 MAS	22	363	0:24:21	4:52	00:46:53	+ 00:17:04	4:41
315	516	JOSE RAMON OLMEDO PEREZ	A.A. LOS PIELES RUN	MASTER 40 MAS	56	331	0:23:48	4:45	00:46:57	+ 00:17:09	4:41
316	313	MIGUEL ÁNGEL JAREÑO SUSIAS	A.A. LOS PIELES RUN	MASTER 40 MAS	57	332	0:23:49	4:45	00:47:02	+ 00:17:14	4:42
317	37	ANA ISABEL ARIAS MATAS	C. D. VELOCIRAPTOR	MASTER 55 FEM	2	311	0:23:18	4:39	00:47:03	+ 00:17:14	4:42
318	289	JORGE MANUEL GUILLEN FERNÁNDE	C. D. VELOCIRAPTOR	SENIOR MAS	78	306	0:23:17	4:39	00:47:05	+ 00:17:16	4:42
319	498	MIGUEL ÁNGEL NAVARRO GRANDE	INDEPENDIENTE	MASTER 40 MAS	58	344	0:24:02	4:48	00:47:07	+ 00:17:19	4:42
320	509	MIGUEL ANGEL NOVILLO CONDES	A.A. LOS PIELES RUN	MASTER 45 MAS	36	330	0:23:47	4:45	00:47:07	+ 00:17:19	4:42
321	526	CARLOS ORTIZ CARNICER	C.D.MARATONIANO QUINTO ALIENT	MASTER 50 MAS	23	323	0:23:40	4:44	00:47:08	+ 00:17:19	4:42
322	476	PAQUI MORENO ROMERO DE ÁVILA	REAL RUNNERS	SENIOR FEM	9	326	0:23:41	4:44	00:47:08	+ 00:17:19	4:42
323	521	MARÍA ORTEGA LÓPEZ	C.D.MARATONIANO QUINTO ALIENT	MASTER 40 FEM	11	325	0:23:41	4:44	00:47:08	+ 00:17:19	4:42
324	582	TOÑO RABADAN DE LA FUENTE	ATLETISMO ALCABOZO	MASTER 40 MAS	59	307	0:23:17	4:39	00:47:08	+ 00:17:20	4:42
325	404	FÉLIX MARTÍNEZ DURÁN	INDEPENDIENTE	MASTER 40 MAS	60	349	0:24:13	4:50	00:47:10	+ 00:17:21	4:43
326	111	MARÍA PAZ CARRETERO BURILLO	INDEPENDIENTE	MASTER 50 FEM	3	327	0:23:42	4:44	00:47:10	+ 00:17:22	4:43
327	643	ÓSCAR RUIZ HILARIO	A.C. MANCHATHON	MASTER 40 MAS	61	329	0:23:45	4:45	00:47:11	+ 00:17:23	4:43
328	329	RAFAEL ÁNGEL JURADO ELIAS	A.C. MANCHATHON	MASTER 45 MAS	37	288	0:22:51	4:34	00:47:11	+ 00:17:23	4:43
329	709	BRYANT VALLEJO MENESES	INDEPENDIENTE	SENIOR MAS	79	362	0:24:19	4:51	00:47:12	+ 00:17:24	4:43
330	400	LUCIA MARTÍNEZ	A.A. LOS PIELES RUN	MASTER 35 FEM	8	303	0:23:16	4:39	00:47:13	+ 00:17:24	4:43



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			Tiempo Meta
331	494	LUIS ALBERTO NAVARRO BECERRA	A.A. LOS PIELAS RUN	SENIOR MAS	80	301	0:23:16	4:39	00:47:13	+ 00:17:24	4:43
332	454	DAVID MORALES AYUSO	INDEPENDIENTE	MASTER 35 MAS	54	295	0:23:10	4:38	00:47:16	+ 00:17:28	4:43
333	594	JOSÉ ANTONIO RAYA RAMIREZ	INDEPENDIENTE	MASTER 40 MAS	62	314	0:23:22	4:40	00:47:18	+ 00:17:29	4:43
334	375	BEGOÑA MADRID JIMÉNEZ	A.C. MANCHATHON	MASTER 40 FEM	12	320	0:23:35	4:43	00:47:19	+ 00:17:31	4:43
335	639	CARLOS RUIZ CARRASCO	A.A. LOS PIELAS RUN	MASTER 45 MAS	38	336	0:23:55	4:47	00:47:19	+ 00:17:31	4:43
336	672	JOSÉ RAMÓN SERRANO	A.A. LOS PIELAS RUN	MASTER 45 MAS	39	337	0:23:55	4:47	00:47:20	+ 00:17:31	4:44
337	492	ROBERTO MUÑOZ RAMÍREZ	INDEPENDIENTE	SENIOR MAS	81	358	0:24:15	4:51	00:47:20	+ 00:17:32	4:44
338	551	PATRICIO PEDROCHE MUÑOZ	JOSE MARIA SERNA SEGUROS	MASTER 45 MAS	40	357	0:24:15	4:51	00:47:22	+ 00:17:33	4:44
339	200	JUAN FRANCISCO FERNANDEZ	CASEATLETISMO ALCABOZO	MASTER 50 MAS	24	324	0:23:41	4:44	00:47:24	+ 00:17:36	4:44
340	423	GABRIEL MAYORDOMNO SALIDO	INDEPENDIENTE	MASTER 50 MAS	25	365	0:24:22	4:52	00:47:26	+ 00:17:37	4:44
341	202	CONCHI FERNÁNDEZ CICUÉNDEZ	ATLETISMO ALCABOZO	MASTER 40 FEM	13	360	0:24:17	4:51	00:47:26	+ 00:17:38	4:44
342	591	CARLOS JAVIER RAMÍREZ VILLALGCATLETISMO	ALCABOZO	MASTER 45 MAS	41	359	0:24:17	4:51	00:47:27	+ 00:17:39	4:44
343	568	CRISTINA PLIEGO MOLINA	ATLETISMO ALCABOZO	SENIOR FEM	10	366	0:24:22	4:52	00:47:27	+ 00:17:39	4:44
344	173	CARLOS JAVIER DÍAZ - GONZÁLEZ	G.CLUB ATLETISMO ALMORADIEL	MASTER 45 MAS	42	376	0:24:33	4:54	00:47:29	+ 00:17:41	4:44
345	565	DAVID PERONA HEREDIA	A.A. LOS PIELAS RUN	MASTER 35 MAS	55	341	0:24:01	4:48	00:47:32	+ 00:17:44	4:45
346	558	VIOLETA PEREZ	PHI GRUPO POLIDEPORTIVO	SENIOR FEM	11	322	0:23:38	4:43	00:47:34	+ 00:17:46	4:45
347	651	SAÚL SÁNCHEZ DE LA MORENA	MOIATLETISMO ALCABOZO	MASTER 40 MAS	63	364	0:24:21	4:52	00:47:36	+ 00:17:47	4:45
348	302	JESUS HUERTAS OLMEDO	C.D. TRIATLETICO TOMELLOSO	MASTER 40 MAS	64	343	0:24:01	4:48	00:47:36	+ 00:17:47	4:45
349	571	MARIA LUISA PRIETO LARA	C.D. TRIATLETICO TOMELLOSO	MASTER 45 FEM	10	342	0:24:01	4:48	00:47:36	+ 00:17:47	4:45
350	196	JUAN LEONARDO ESUBA RENEDO	INDEPENDIENTE	SENIOR MAS	82	347	0:24:12	4:50	00:47:39	+ 00:17:51	4:45
351	703	ANGEL MANUEL TORRES REINA	C. D. VELOCIRAPTOR	MASTER 40 MAS	65	312	0:23:21	4:40	00:47:41	+ 00:17:52	4:46
352	296	MARÍA EUGENIA HERNÁNDEZ TORRE	CLUB TRIATLÓN ARGANDA	MASTER 35 FEM	9	372	0:24:27	4:53	00:47:46	+ 00:17:58	4:46
353	22	ADRIÁN AMORÓS HEREDIA	INDEPENDIENTE	SENIOR MAS	83	371	0:24:27	4:53	00:47:48	+ 00:17:59	4:46
354	102	ALBERTO CANTOS POLO	C.A.LAS LAGUNAS DE VILAFRANCA	MASTER 35 MAS	56	340	0:24:01	4:48	00:47:48	+ 00:18:00	4:46
355	3	MARCELINO AGUADO JIMÉNEZ	INDEPENDIENTE	MASTER 60 MAS	12	328	0:23:45	4:45	00:47:57	+ 00:18:09	4:47
356	38	PABLO ARIAS GONZÁLEZ	A.C. MANCHATHON	MASTER 40 MAS	66	308	0:23:17	4:39	00:48:00	+ 00:18:12	4:48
357	21	SILVIA ALVIN MENDOZA	C.A. MEMBRILLA	MASTER 45 FEM	11	339	0:24:01	4:48	00:48:02	+ 00:18:14	4:48
358	348	EDUARDO LOPEZ CARRASCO	INDEPENDIENTE	MASTER 45 MAS	43	316	0:23:23	4:40	00:48:06	+ 00:18:17	4:48
359	121	JORGE CASERO MARTIN-BUITRAGO	DRINKINGRUNNERS	MASTER 45 MAS	44	424	0:25:27	5:05	00:48:16	+ 00:18:27	4:49
360	293	PEDRO HERNÁN FERNÁNDEZ	INDEPENDIENTE	SENIOR MAS	84	313	0:23:21	4:40	00:48:16	+ 00:18:28	4:49
361	241	JOSÉ ANTONIO GARCÍA JIMÉNEZ	INDEPENDIENTE	MASTER 45 MAS	45	399	0:25:02	5:00	00:48:18	+ 00:18:29	4:49
362	300	PEDRO HIDALGO PEINADO	ATLETISMO ALCABOZO	MASTER 50 MAS	26	367	0:24:22	4:52	00:48:20	+ 00:18:31	4:50
363	600	JOSE MIGUEL RIOS CABALLERO	A.C. MANCHATHON	MASTER 40 MAS	67	335	0:23:52	4:46	00:48:33	+ 00:18:44	4:51



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
364	713	FRANCISCO VELA POZOS	EL PORVENIR	MASTER 55 MAS	12	388	0:24:48	4:57	00:48:42	+ 00:18:53	4:52
365	588	JOSE ANGEL RAMIREZ MONREAL	INDEPENDIENTE	MASTER 35 MAS	57	422	0:25:23	5:04	00:48:50	+ 00:19:01	4:53
366	160	MIGUEL ANGEL DE AGUSTÍN QUIÑON	INDEPENDIENTE	MASTER 40 MAS	68	370	0:24:27	4:53	00:48:51	+ 00:19:02	4:53
367	644	CARLOS JAVIER RUIZ MASÓ	A.A. LOS PIELAS RUN	MASTER 40 MAS	69	345	0:24:03	4:48	00:48:56	+ 00:19:07	4:53
368	331	VICEN LAHOZ TURÉGANO	INDEPENDIENTE	MASTER 40 MAS	70	377	0:24:36	4:55	00:48:57	+ 00:19:08	4:53
369	541	ALBERTO PARRA DURO	INDEPENDIENTE	MASTER 40 MAS	71	378	0:24:36	4:55	00:48:58	+ 00:19:09	4:53
370	134	ELENA CASTRO CARO	A.A. LOS PIELAS RUN	MASTER 40 FEM	14	380	0:24:37	4:55	00:48:58	+ 00:19:09	4:53
371	429	JOSÉ MARÍA MENA RODRIGUEZ	INDEPENDIENTE	MASTER 40 MAS	72	412	0:25:19	5:03	00:49:00	+ 00:19:11	4:54
372	197	ARTURO F. TARAZAGA	VALDEPEÑAS ATHLETICS CLUB	MASTER 50 MAS	27	369	0:24:25	4:53	00:49:00	+ 00:19:12	4:54
373	151	OSWALDO CRESPO PEREZ	INDEPENDIENTE	MASTER 40 MAS	73	434	0:25:42	5:08	00:49:07	+ 00:19:18	4:54
374	520	AUGUSTO ORTEGA JIMÉNEZ	A.C. MANCHATHON	MASTER 45 MAS	46	435	0:25:42	5:08	00:49:08	+ 00:19:20	4:54
375	451	JOSE MANUEL MORAL PLAZA	RURAL PARK SOCUELLAMOS	MASTER 50 MAS	28	352	0:24:14	4:50	00:49:10	+ 00:19:22	4:55
376	8	CARMEN ALARCÓN FERNÁNDEZ	RURAL PARK SOCUÉLLAMOS	MASTER 50 FEM	4	353	0:24:14	4:50	00:49:10	+ 00:19:22	4:55
377	355	MIGUEL ÁNGEL LÓPEZ MENA	INDEPENDIENTE	SENIOR MAS	85	379	0:24:36	4:55	00:49:11	+ 00:19:23	4:55
378	668	JUAN MANUEL SANTAMARIA	ATLETISMO ALCABOZO	MASTER 45 MAS	47	375	0:24:31	4:54	00:49:12	+ 00:19:24	4:55
379	82	ANGEL FRANCISCO CAMACHO GOMEZ	PHI GRUPO POLIDEPORTIVO	MASTER 50 MAS	29	361	0:24:18	4:51	00:49:14	+ 00:19:26	4:55
380	617	ALEJANDRO ROMAN MARTINEZ	INDEPENDIENTE	SENIOR MAS	86	411	0:25:19	5:03	00:49:17	+ 00:19:28	4:55
381	226	JULIAN GALLEGO SALINAS	INDEPENDIENTE	MASTER 35 MAS	58	384	0:24:41	4:56	00:49:19	+ 00:19:31	4:55
382	418	JUAN PABLO MARTINEZ SERRANO	CLUB ATLETISMO VIRGEN DEL ESP	MASTER 60 MAS	13	392	0:24:52	4:58	00:49:19	+ 00:19:31	4:55
383	508	JOSÉ ANTONIO NOTARIO MORENO	C.A. PINAR-EKUON-DIPUALBA	MASTER 60 MAS	14	403	0:25:07	5:01	00:49:23	+ 00:19:35	4:56
384	49	ANGEL SANTOS BECERRA LOPEZ	INDEPENDIENTE	MASTER 45 MAS	48	393	0:24:52	4:58	00:49:24	+ 00:19:36	4:56
385	717	RAÚL VILLALBA GARCÍA	INDEPENDIENTE	MASTER 45 MAS	49	402	0:25:07	5:01	00:49:26	+ 00:19:37	4:56
386	486	MARI ÁNGELES MUÑOZ ARAQUE	INDEPENDIENTE	MASTER 40 FEM	15	406	0:25:10	5:02	00:49:28	+ 00:19:40	4:56
387	212	OSCAR FIMIA DOMÍNGUEZ	TRAININGREY	MASTER 40 MAS	74	351	0:24:14	4:50	00:49:28	+ 00:19:40	4:56
388	477	ROSA MORENO ROSADO	INDEPENDIENTE	MASTER 45 FEM	12	382	0:24:40	4:56	00:49:28	+ 00:19:40	4:56
389	547	JAIME PECO PLAZA	A.A. LOS PIELAS RUN	MASTER 45 MAS	50	383	0:24:41	4:56	00:49:29	+ 00:19:40	4:56
390	57	PEDRO L. BENITO	INDEPENDIENTE	MASTER 35 MAS	59	414	0:25:20	5:04	00:49:29	+ 00:19:41	4:56
391	285	MARTA GONZALEZ MUÑOZ	INDEPENDIENTE	SENIOR FEM	12	356	0:24:15	4:51	00:49:31	+ 00:19:43	4:57
392	556	JAVIER PERALES REBOLLO	WILBBY	SENIOR MAS	87	444	0:25:52	5:10	00:49:32	+ 00:19:43	4:57
393	597	JOSÉ M ^a REDONDO GUTIERREZ	A.C. MANCHATHON	MASTER 40 MAS	75	390	0:24:51	4:58	00:49:33	+ 00:19:45	4:57
394	716	GILMAR HERNÁN VIASUS SAAVEDR	INDEPENDIENTE	MASTER 35 MAS	60	389	0:24:50	4:58	00:49:41	+ 00:19:53	4:58
395	634	LAURA ROSALES CASERO	INDEPENDIENTE	MASTER 35 FEM	10	410	0:25:18	5:03	00:49:41	+ 00:19:53	4:58
396	542	PEDRO JOSÉ PARRA LOSA	INDEPENDIENTE	MASTER 50 MAS	30	396	0:24:55	4:59	00:49:42	+ 00:19:53	4:58



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
397	142	ANGEL CONDES CASARRUBIOS	INDEPENDIENTE	MASTER 35 MAS	61	348	0:24:12	4:50	00:49:43	+ 00:19:54	4:58
398	311	VICENTA JAIME SALCEDO	OXÍGENO SPORT	MASTER 45 FEM	13	407	0:25:10	5:02	00:49:46	+ 00:19:58	4:58
399	543	MARIA PARRA MORA	A.C. MANCHATHON	SENIOR FEM	13	373	0:24:30	4:54	00:49:48	+ 00:20:00	4:58
400	403	JOSE L. MARTINEZ CATALAN	LA ESPERANZA C.A	MASTER 60 MAS	15	368	0:24:24	4:52	00:49:50	+ 00:20:01	4:59
401	399	JUAN MARTINEZ	C.A RUNNING VILLARROBLEDO	MASTER 50 MAS	31	381	0:24:38	4:55	00:49:50	+ 00:20:02	4:59
402	702	ÁNGEL TORRES JIMÉNEZ	CLUB DE RUNNING MIGUEL ESTEBAN	MASTER 40 MAS	76	394	0:24:53	4:58	00:49:56	+ 00:20:07	4:59
403	157	AGUSTIN CUEVAS DIAZ-CARRASCO	INDEPENDIENTE	SENIOR MAS	88	395	0:24:53	4:58	00:49:59	+ 00:20:10	4:59
404	664	JOSE ANGEL SANCHEZ MONTERO	INDEPENDIENTE	MASTER 45 MAS	51	354	0:24:15	4:51	00:50:11	+ 00:20:23	5:01
405	659	BENIGNO SANCHEZ HILARIO	CLUB ATLETISMO ARGAMASILLA DE	MASTER 35 MAS	62	397	0:25:00	5:00	00:50:14	+ 00:20:25	5:01
406	232	FLORENTINO GARCIA CASILLAS	CLUB ATLETISMO ARGAMASILLA DE	MASTER 40 MAS	77	398	0:25:01	5:00	00:50:15	+ 00:20:26	5:01
407	106	IRENE CARNICERO RODRIGUEZ	A.C. MANCHATHON	MASTER 40 FEM	16	404	0:25:10	5:02	00:50:15	+ 00:20:26	5:01
408	354	NATALIA LÓPEZ MARTÍNEZ	A.C. MANCHATHON	SENIOR FEM	14	408	0:25:10	5:02	00:50:16	+ 00:20:27	5:01
409	688	PACO SORIA RODRIGAÑEZ	INDEPENDIENTE	MASTER 40 MAS	78	355	0:24:15	4:51	00:50:16	+ 00:20:28	5:01
410	431	JOSE IGNACIO MERINO MUÑOZ	INDEPENDIENTE	SENIOR MAS	89	430	0:25:37	5:07	00:50:18	+ 00:20:30	5:01
411	312	MARI LUZ JAIME SALCEDO	OXÍGENO SPORT	MASTER 40 FEM	17	405	0:25:10	5:02	00:50:22	+ 00:20:34	5:02
412	573	HERIBERTO PUENTES PARRAS	A.C. MANCHATHON	MASTER 60 MAS	16	421	0:25:22	5:04	00:50:26	+ 00:20:38	5:02
413	246	DAVID GARCÍA MERCHAN	INDEPENDIENTE	SENIOR MAS	90	427	0:25:33	5:06	00:50:31	+ 00:20:43	5:03
414	201	JOSÉ LUIS FERNÁNDEZ CASERO	ELS RUNNING TEAM	MASTER 45 MAS	52	469	0:26:08	5:13	00:50:34	+ 00:20:46	5:03
415	518	HÉCTOR ORGANERO GALÁN	VALDEPEÑAS ATHLETICS CLUB-SIS	SENIOR MAS	91	433	0:25:40	5:08	00:50:35	+ 00:20:47	5:03
416	662	MARÍA SÁNCHEZ MARTÍN-ALBO	INDEPENDIENTE	SENIOR FEM	15	417	0:25:20	5:04	00:50:38	+ 00:20:50	5:03
417	35	NESTOR ARENAS ROPERO	LAS LAGUNAS	MASTER 40 MAS	79	439	0:25:46	5:09	00:50:40	+ 00:20:52	5:04
418	425	FLORENCIO MAZA MAROTO	CLUB ATLETISMO LAS LAGUNAS DE	MASTER 45 MAS	53	419	0:25:22	5:04	00:50:41	+ 00:20:52	5:04
419	249	RESU GARCÍA OLIVAS	ATLETISMO LAS LAGUNAS DE VILL	MASTER 40 MAS	80	420	0:25:22	5:04	00:50:41	+ 00:20:53	5:04
420	75	CARMEN BUITRAGO SÁNCHEZ	A.C. MANCHATHON	MASTER 50 FEM	5	415	0:25:20	5:04	00:50:42	+ 00:20:53	5:04
421	489	DAVID MUÑOZ MANZANERO	INDEPENDIENTE	MASTER 40 MAS	81	428	0:25:35	5:07	00:50:42	+ 00:20:54	5:04
422	414	RAMÓN MARTÍNEZ OLMEDO	A.C. MANCHATHON	MASTER 60 MAS	17	387	0:24:45	4:57	00:50:43	+ 00:20:55	5:04
423	251	JAVIER GARCIA PARRA	A.C. MANCHATHON	MASTER 35 MAS	63	386	0:24:45	4:57	00:50:44	+ 00:20:56	5:04
424	347	ANA LOPEZ ALCOLEA	C.D. TRIATLETICO TOMELLOSO	MASTER 40 FEM	18	448	0:25:54	5:10	00:50:44	+ 00:20:56	5:04
425	96	JUAN FELIX CANO SUSIAS	INDEPENDIENTE	SENIOR MAS	92	431	0:25:39	5:07	00:50:45	+ 00:20:56	5:04
426	658	JULIAN SANCHEZ GONZALEZ	INDEPENDIENTE	MASTER 50 MAS	32	346	0:24:06	4:49	00:50:52	+ 00:21:04	5:05
427	443	CARLOS MONTALBAN LOSA	A.C. MANCHATHON	SENIOR MAS	93	467	0:26:06	5:13	00:50:54	+ 00:21:06	5:05
428	472	MANUEL MORENO MORENO	C.A. MEMBRILLA	MASTER 60 MAS	18	391	0:24:52	4:58	00:51:04	+ 00:21:15	5:06
429	110	JAVIER CARRETERO ARRIBAS	INDEPENDIENTE	MASTER 45 MAS	54	432	0:25:40	5:08	00:51:06	+ 00:21:17	5:06



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Distancia 10000 metros

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			Tiempo Meta
430	272	ANTONIO GONZÁLEZ CARRETERO	INDEPENDIENTE	MASTER 45 MAS	55	450	0:25:54	5:10	00:51:06	+ 00:21:17	5:06
431	245	FLORENTINO GARCÍA MERCHAN	INDEPENDIENTE	MASTER 35 MAS	64	374	0:24:30	4:54	00:51:09	+ 00:21:20	5:06
432	549	FÉLIX PEDRAZA CARRETERO	A.C. MANCHATHON	MASTER 45 MAS	56	409	0:25:18	5:03	00:51:13	+ 00:21:25	5:07
433	256	MIGUEL ÁNGEL GARCÍA VADILLO	CLUB TRIATLÓN ARGANDA	MASTER 35 MAS	65	416	0:25:20	5:04	00:51:14	+ 00:21:25	5:07
434	70	YOLANDA BONO LARA	A.C. MANCHATHON	MASTER 50 FEM	6	418	0:25:21	5:04	00:51:14	+ 00:21:25	5:07
435	499	ABEL NAVARRO LUCENDO	INDEPENDIENTE	SENIOR MAS	94	445	0:25:52	5:10	00:51:21	+ 00:21:32	5:08
436	421	JAVIER MARTÍN-PALOMINO CASTRO	INDEPENDIENTE	SENIOR MAS	95	447	0:25:53	5:10	00:51:22	+ 00:21:33	5:08
437	239	LORENZO GARCÍA HURTADO	INDEPENDIENTE	MASTER 45 MAS	57	438	0:25:45	5:09	00:51:27	+ 00:21:38	5:08
438	162	SILVIA DE LA HOZ MORALES	INDEPENDIENTE	MASTER 35 FEM	11	473	0:26:12	5:14	00:51:30	+ 00:21:42	5:09
439	697	TAMARA TORRECILLA HUERTA	C.A. PINAR-EKUON-DIPUALBA	MASTER 35 FEM	12	471	0:26:10	5:14	00:51:31	+ 00:21:43	5:09
440	450	JOSE MORAL LEANDREZ	C.A. RUNNING VILLARROBLEDO	MASTER 55 MAS	13	472	0:26:11	5:14	00:51:32	+ 00:21:44	5:09
441	283	ABEL GONZALEZ MARTINEZ	A.C. MANCHATHON	SENIOR MAS	96	464	0:26:02	5:12	00:51:33	+ 00:21:45	5:09
442	50	RAMONI BECERRA MORALES	C.D. TRIATLETICO TOMELLOSO	MASTER 55 FEM	3	443	0:25:52	5:10	00:51:38	+ 00:21:50	5:09
443	62	JOSE ANGEL BENITO GIL	C.D. TRIATLETICO TOMELLOSO	MASTER 50 MAS	33	441	0:25:51	5:10	00:51:39	+ 00:21:51	5:09
444	715	ELENA VERGARA RODRIGAÑEZ	A.C. MANCHATHON	MASTER 45 FEM	14	456	0:25:58	5:11	00:51:41	+ 00:21:52	5:10
445	98	EZEQUIEL CANO YAÑEZ	A.C. MANCHATHON	MASTER 50 MAS	34	455	0:25:58	5:11	00:51:42	+ 00:21:53	5:10
446	563	AMALIO PERONA CARMONA	ELS RUNNING TEAM	MASTER 50 MAS	35	468	0:26:07	5:13	00:51:42	+ 00:21:54	5:10
447	123	JAIME CASERO MUÑOZ	INDEPENDIENTE	SENIOR MAS	97	465	0:26:03	5:12	00:51:44	+ 00:21:56	5:10
448	140	MARCOS CLARAMUNT GALLEGO	ELS RUNNING TEAM	MASTER 35 MAS	66	470	0:26:09	5:13	00:51:45	+ 00:21:57	5:10
449	89	ANGEL CANALES MÁRQUEZ	PHI GRUPO POLIDEPORTIVO	MASTER 45 MAS	58	460	0:25:59	5:11	00:51:52	+ 00:22:03	5:11
450	217	PAQUI FRESNEDA ARRIBAS	A.C. MANCHATHON	MASTER 45 FEM	15	429	0:25:37	5:07	00:51:52	+ 00:22:04	5:11
451	269	PEDRO JUAN GÓMEZ-LIMÓN SÁNCHEZ	INDEPENDIENTE	MASTER 40 MAS	82	461	0:26:00	5:12	00:51:53	+ 00:22:05	5:11
452	231	PABLO GARCIA CASERO	INDEPENDIENTE	MASTER 45 MAS	59	413	0:25:19	5:03	00:51:53	+ 00:22:05	5:11
453	427	VÍCTOR MELERO LOZANO	C.A RUNNING VILLARROBLEDO	SENIOR MAS	98	493	0:26:58	5:23	00:51:56	+ 00:22:07	5:11
454	19	MIGUEL ÁNGEL ÁLVAREZ MARTÍNEZ	INDEPENDIENTE	MASTER 45 MAS	60	423	0:25:26	5:05	00:51:57	+ 00:22:08	5:11
455	696	FERMIN TOLEDO	A.C. MANCHATHON	MASTER 40 MAS	83	440	0:25:49	5:09	00:51:57	+ 00:22:09	5:11
456	402	GONZALO MARTÍNEZ CANO	INDEPENDIENTE	MASTER 45 MAS	61	452	0:25:56	5:11	00:51:58	+ 00:22:10	5:11
457	437	MIGUEL ÁNGEL MÍNGUEZ MÁRQUEZ	ATLETISMO ALCABOZO	MASTER 45 MAS	62	446	0:25:53	5:10	00:52:03	+ 00:22:14	5:12
458	593	JOSE RAMOS RUIZ	INDEPENDIENTE	MASTER 45 MAS	63	478	0:26:19	5:15	00:52:04	+ 00:22:15	5:12
459	473	MERCEDES MORENO QUEVEDO	A.C. MANCHATHON	MASTER 55 FEM	4	486	0:26:35	5:19	00:52:04	+ 00:22:16	5:12
460	229	JAIME GARCIA	YO VOY	MASTER 35 MAS	67	641	0:30:36	6:07	00:52:12	+ 00:22:23	5:13
461	475	MARCOS MORENO RICO	INDEPENDIENTE	MASTER 45 MAS	64	463	0:26:02	5:12	00:52:19	+ 00:22:31	5:13
462	128	HÉCTOR CASTELLANOS RODRÍGUO	INDEPENDIENTE	SUB 18/20 MAS	13	495	0:27:01	5:24	00:52:21	+ 00:22:32	5:14



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
463	608	CLEMENTE RODRÍGUEZ ARRÁEZ	INDEPENDIENTE	SENIOR MAS	99	457	0:25:58	5:11	00:52:25	+ 00:22:36	5:14
464	448	ANA MARIA MORA GARCIA	PHI GRUPO POLIDEPORTIVO	MASTER 40 FEM	19	475	0:26:14	5:14	00:52:25	+ 00:22:37	5:14
465	112	JOSE LUIS CARRETERO CASTRO	INDEPENDIENTE	SENIOR MAS	100	466	0:26:03	5:12	00:52:26	+ 00:22:38	5:14
466	119	JOSÉ MIGUEL CASELLES GIL	INDEPENDIENTE	SENIOR MAS	101	425	0:25:32	5:06	00:52:27	+ 00:22:39	5:14
467	501	SERGIO NAVARRO QUEVEDO	INDEPENDIENTE	SENIOR MAS	102	426	0:25:32	5:06	00:52:27	+ 00:22:39	5:14
468	522	SALVADOR ORTEGA MARTÍNEZ	INDEPENDIENTE	MASTER 50 MAS	36	504	0:27:11	5:26	00:52:29	+ 00:22:41	5:14
469	641	RAMIRO RUIZ GARCÍA	INDEPENDIENTE	SENIOR MAS	103	453	0:25:56	5:11	00:52:31	+ 00:22:43	5:15
470	190	JORGE ESPINOSA GARCIA	INDEPENDIENTE	SENIOR MAS	104	454	0:25:57	5:11	00:52:32	+ 00:22:43	5:15
471	602	JUAN JOSÉ RODRIGO APIO	INDEPENDIENTE	SENIOR MAS	105	437	0:25:45	5:09	00:52:33	+ 00:22:45	5:15
472	735	JAVIER MURCIA LÓPEZ DE LA FRAN	PHI GRUPO POLIDEPORTIVO	MASTER 45 MAS	65	507	0:27:16	5:27	00:52:36	+ 00:22:47	5:15
473	363	FRANCISCO LORENTE RODRIGO	INDEPENDIENTE	MASTER 35 MAS	68	510	0:27:17	5:27	00:52:39	+ 00:22:51	5:15
474	264	ULPIANO GÓMEZ GARCÍA	A.A. LOS PIELAS RUN	MASTER 35 MAS	69	442	0:25:51	5:10	00:52:43	+ 00:22:54	5:16
475	623	ANGELA CARMEN ROMERO DE AVILA	INDEPENDIENTE	SENIOR FEM	16	401	0:25:05	5:01	00:52:51	+ 00:23:03	5:17
476	391	JOSE VICENTE MÁRQUEZ TEBAR	INDEPENDIENTE	MASTER 35 MAS	70	531	0:27:36	5:31	00:52:59	+ 00:23:11	5:17
477	148	LORENA COVES GRAU	INDEPENDIENTE	MASTER 35 FEM	13	501	0:27:06	5:25	00:53:03	+ 00:23:14	5:18
478	389	NICOLÁS MARQUEZ GOMEZ	INDEPENDIENTE	SENIOR MAS	106	499	0:27:05	5:25	00:53:03	+ 00:23:15	5:18
479	360	RAFAEL LÓPEZ SÁNCHEZ	INDEPENDIENTE	SENIOR MAS	107	503	0:27:10	5:26	00:53:03	+ 00:23:15	5:18
480	281	JESÚS GONZÁLEZ LUIS	INDEPENDIENTE	MASTER 40 MAS	84	515	0:27:23	5:28	00:53:06	+ 00:23:17	5:18
481	287	ALEJANDRO GONZÁLEZ PLAZA	INDEPENDIENTE	SENIOR MAS	108	500	0:27:06	5:25	00:53:06	+ 00:23:17	5:18
482	589	MIGUEL RAMIREZ PERONA	A.C. MANCHATHON	SENIOR MAS	109	458	0:25:58	5:11	00:53:10	+ 00:23:22	5:19
483	80	RAFAEL CALVO PAREDES	INDEPENDIENTE	MASTER 45 MAS	66	481	0:26:23	5:16	00:53:11	+ 00:23:23	5:19
484	611	MIGUEL ÁNGEL RODRÍGUEZ ORTEG	INDEPENDIENTE	SENIOR MAS	110	449	0:25:54	5:10	00:53:13	+ 00:23:25	5:19
485	482	JUAN JOSÉ MOYA GONZÁLEZ	INDEPENDIENTE	SENIOR MAS	111	451	0:25:54	5:10	00:53:14	+ 00:23:25	5:19
486	456	MARÍA JOSÉ MORALES CARRETERO	INDEPENDIENTE	MASTER 40 FEM	20	516	0:27:23	5:28	00:53:17	+ 00:23:29	5:19
487	510	MARTÍN NOVILLO GARCIA	A.C. MANCHATHON	MASTER 40 MAS	85	476	0:26:15	5:15	00:53:22	+ 00:23:34	5:20
488	340	AFRODISIO LEÓN ALCOBENDAS	INDEPENDIENTE	MASTER 50 MAS	37	462	0:26:01	5:12	00:53:30	+ 00:23:41	5:21
489	733	MARCELO MADRID DÍAZ	VALDEPEÑAS ATHLETICS CLUB	MASTER 60 MAS	19	488	0:26:51	5:22	00:53:38	+ 00:23:50	5:21
490	671	DENIS SERBAN SERBAN	ELS RUNNING TEAM	SENIOR MAS	112	459	0:25:59	5:11	00:53:39	+ 00:23:51	5:21
491	546	SANDRA PAVO DELGADO	CD RUN FASTER	MASTER 45 FEM	16	474	0:26:13	5:14	00:53:44	+ 00:23:56	5:22
492	372	FEDERICO LUCENDO DÍAZ	INDEPENDIENTE	MASTER 40 MAS	86	479	0:26:20	5:16	00:53:54	+ 00:24:06	5:23
493	374	SARA MACIAS ARROYO	INDEPENDIENTE	MASTER 35 FEM	14	480	0:26:20	5:16	00:53:54	+ 00:24:06	5:23
494	631	BEATRIZ ROSADO MUÑOZ	ATLETISMO ALCABOZO	MASTER 40 FEM	21	492	0:26:55	5:23	00:53:57	+ 00:24:09	5:23
495	632	JESUS ROSADO ROSADO	ATLETISMO ALCABOZO	MASTER 45 MAS	67	490	0:26:55	5:23	00:53:58	+ 00:24:10	5:23



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
496	369	BEGOÑA LOZANO LÓPEZ	INDEPENDIENTE	MASTER 35 FEM	15	489	0:26:51	5:22	00:54:02	+ 00:24:13	5:24
497	599	MARÍA RICO CASTILLO	RUN & CO	SENIOR FEM	17	544	0:27:42	5:32	00:54:04	+ 00:24:15	5:24
498	188	BENJAMIN ESPAÑA TORRES	A.C. MANCHATHON	MASTER 40 MAS	87	558	0:28:00	5:36	00:54:07	+ 00:24:19	5:24
499	459	PATRICIO MORALES OLMEDO	A.C. MANCHATHON	MASTER 50 MAS	38	506	0:27:16	5:27	00:54:09	+ 00:24:21	5:24
500	545	JOSÉ MANUEL PARRON ORTEGA	C.A. RUNNING VILLARROBLEDO	MASTER 45 MAS	68	513	0:27:22	5:28	00:54:11	+ 00:24:23	5:25
501	205	RAMÓN FERNÁNDEZ ORTEGA	C.A. RUNNING VILLARROBLEDO	MASTER 55 MAS	14	509	0:27:17	5:27	00:54:11	+ 00:24:23	5:25
502	291	FRANCISCO JOSÉ GUTIÉRREZ CUENC	C.A. RUNNING VILLARROBLEDO	MASTER 45 MAS	69	514	0:27:23	5:28	00:54:11	+ 00:24:23	5:25
503	152	ANTONIA CRESPO TRUJILLO	CLUB ATLETISMO ARGAMASILLA DE	MASTER 50 FEM	7	534	0:27:37	5:31	00:54:12	+ 00:24:24	5:25
504	420	JUAN CARLOS MARTÍN-GIL RICO	INDEPENDIENTE	SENIOR MAS	113	535	0:27:37	5:31	00:54:12	+ 00:24:24	5:25
505	377	DAVID MADRIGAL MORALES	ELS RUNNING TEAM	MASTER 40 MAS	88	482	0:26:25	5:17	00:54:13	+ 00:24:24	5:25
506	493	JOSÉ LUIS MURCIA FUENTES	PHI GRUPO POLIDEPORTIVO	MASTER 45 MAS	70	508	0:27:16	5:27	00:54:13	+ 00:24:25	5:25
507	72	ENRIQUE BOTÍA BARBERÁ	INDEPENDIENTE	SENIOR MAS	114	477	0:26:17	5:15	00:54:14	+ 00:24:26	5:25
508	130	JOSE MARIA CASTELLANOS SALINAS	A.A. LOS PIELAS RUN	MASTER 50 MAS	39	497	0:27:05	5:25	00:54:15	+ 00:24:27	5:25
509	124	NEREA CASTELLANOS BECERRA	A.A. LOS PIELAS RUN	SUB 18/20 FEM	2	498	0:27:05	5:25	00:54:15	+ 00:24:27	5:25
510	191	JAIME ESPINOSA LOSA	SPARTAN GIGANTES	SENIOR MAS	115	496	0:27:05	5:25	00:54:18	+ 00:24:30	5:25
511	328	FRANCISCO JAVIER JUAN NOVA	CLUB ATLETISMO ARGAMASILLA DE	MASTER 35 MAS	71	502	0:27:09	5:25	00:54:22	+ 00:24:34	5:26
512	11	MIRIAM ALCOLEA SANZ	INDEPENDIENTE	MASTER 40 FEM	22	530	0:27:36	5:31	00:54:24	+ 00:24:35	5:26
513	303	SERGIO HURTADO LARA	A.C. MANCHATHON	MASTER 40 MAS	89	529	0:27:35	5:31	00:54:24	+ 00:24:35	5:26
514	68	BERNABÉ BLANCO LARA	INDEPENDIENTE	MASTER 50 MAS	40	554	0:27:56	5:35	00:54:25	+ 00:24:37	5:26
515	515	PEDRO JOSÉ OLMEDO MONEDERO	A.C. MANCHATHON	SENIOR MAS	116	543	0:27:42	5:32	00:54:29	+ 00:24:41	5:26
516	270	CONSUELO GONZALEZ ALIAGA	A.A. LOS PIELAS RUN	MASTER 50 FEM	8	494	0:27:00	5:24	00:54:29	+ 00:24:41	5:26
517	166	BENJAMÍN DE SEBASTIÁN MORA	INDEPENDIENTE	MASTER 40 MAS	90	595	0:29:05	5:49	00:54:31	+ 00:24:43	5:27
518	630	ALEJANDRO ROSADO MUÑOZ	ATLETISMO ALCABOZO	MASTER 40 MAS	91	491	0:26:55	5:23	00:54:32	+ 00:24:43	5:27
519	720	PEDRO VILLENA DIAZ	CDE JM SERNA SEGUROS	MASTER 50 MAS	41	487	0:26:51	5:22	00:54:34	+ 00:24:45	5:27
520	297	JOSE ALFONSO HERRERA RAMIREZ	A.A. LOS PIELAS RUN	MASTER 45 MAS	71	573	0:28:25	5:41	00:54:34	+ 00:24:46	5:27
521	390	LORENA MÁRQUEZ ROMERA	OSSA RUNNERS TEAM	SENIOR FEM	18	533	0:27:37	5:31	00:54:35	+ 00:24:47	5:27
522	64	CORTES BENITO PERONA	A.A. LOS PIELAS RUN	MASTER 40 FEM	23	528	0:27:35	5:31	00:54:37	+ 00:24:49	5:27
523	405	JUAN MANUEL MARTINEZ GARCIA	C.A. RUNNING VILLARROBLEDO	MASTER 40 MAS	92	550	0:27:50	5:34	00:54:39	+ 00:24:50	5:27
524	636	DAVID RUBIO SEVILLANO	C.A. RUNNING VILLARROBLEDO	MASTER 35 MAS	72	549	0:27:49	5:33	00:54:39	+ 00:24:50	5:27
525	412	ALFONSO ANDRÉS MARTÍNEZ LARA	INDEPENDIENTE	MASTER 45 MAS	72	523	0:27:30	5:30	00:54:45	+ 00:24:56	5:28
526	178	JAIME DÍAZ ROPERO MINGUEZ	INDEPENDIENTE	MASTER 35 MAS	73	484	0:26:27	5:17	00:54:47	+ 00:24:59	5:28
527	177	ALICIA DÍAZ ROPERO MINGUEZ	INDEPENDIENTE	SENIOR FEM	19	483	0:26:27	5:17	00:54:47	+ 00:24:59	5:28
528	411	INMA MARTINEZ JIMENEZ	INDEPENDIENTE	MASTER 45 FEM	17	400	0:25:04	5:00	00:54:52	+ 00:25:03	5:29



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
529	606	ALBERTO RODRIGO TORRES	INDEPENDIENTE	MASTER 45 MAS	73	572	0:28:20	5:40	00:54:55	+ 00:25:06	5:29
530	109	ANTONIO JOSÉ CARRASCOSA JIMÉ	CD HARO	MASTER 40 MAS	93	539	0:27:39	5:31	00:54:55	+ 00:25:07	5:29
531	552	JOAQUÍN PEINADO IBÁÑEZ	WILBBY	SENIOR MAS	117	569	0:28:19	5:39	00:55:00	+ 00:25:11	5:30
532	553	MARIA PEINADO IBAÑEZ	INDEPENDIENTE	SENIOR FEM	20	570	0:28:19	5:39	00:55:00	+ 00:25:11	5:30
533	422	JUAN MARTÍN-SERRANO MORENO	C.D. EL PORVENIR	MASTER 55 MAS	15	512	0:27:22	5:28	00:55:04	+ 00:25:16	5:30
534	337	JOSE LUIS LARA MORENO	INDEPENDIENTE	MASTER 40 MAS	94	485	0:26:30	5:18	00:55:11	+ 00:25:22	5:31
535	370	CARLOS LOZANO MENDOZA	A.C. MANCHATHON	SENIOR MAS	118	517	0:27:24	5:28	00:55:11	+ 00:25:23	5:31
536	559	EVA MARÍA PÉREZ FERNANDEZ	PHI GRUPO POLIDEPORTIVO	MASTER 40 FEM	24	553	0:27:55	5:35	00:55:13	+ 00:25:25	5:31
537	415	IGNACIO MARTÍNEZ PROHENS	A.C. MANCHATHON	SENIOR MAS	119	524	0:27:31	5:30	00:55:24	+ 00:25:35	5:32
538	74	MIGUEL BRIONES MORENO-ARRONEC.D. TRIATLÓN FORJADORES CIUD	SENIOR MAS	120	583	0:28:44	5:44	00:55:25	+ 00:25:36	5:32	
539	352	ARANCHA LÓPEZ LÓPEZ	INDEPENDIENTE	MASTER 40 FEM	25	522	0:27:30	5:30	00:55:30	+ 00:25:42	5:33
540	449	MARÍA JOSÉ MORA MARTÍNEZ	OSSA RUNNERS TEAM	MASTER 40 FEM	26	532	0:27:37	5:31	00:55:32	+ 00:25:44	5:33
541	675	SONIA SERRANO MANZANEQUE	CLUB ATLETISMO ALMORADIEL	MASTER 50 FEM	9	511	0:27:21	5:28	00:55:32	+ 00:25:44	5:33
542	349	JOSEFINA LÓPEZ CARRASCO	A.C. MANCHATHON	MASTER 45 FEM	18	519	0:27:26	5:29	00:55:34	+ 00:25:45	5:33
543	338	MARÍA LARA RUBIO	A.C. MANCHATHON	MASTER 40 FEM	27	520	0:27:26	5:29	00:55:34	+ 00:25:45	5:33
544	618	MARÍA BELÉN ROMÁN PALACIOS	A.C. MANCHATHON	MASTER 45 FEM	19	537	0:27:38	5:31	00:55:38	+ 00:25:50	5:33
545	386	BECERRA RAMÍREZ MARI CARMEN	A.C. MANCHATHON	MASTER 35 FEM	16	536	0:27:38	5:31	00:55:38	+ 00:25:50	5:33
546	279	ANGEL MIGUEL GONZALEZ JIMENEZ	A.C. MANCHATHON	MASTER 50 MAS	42	538	0:27:39	5:31	00:55:38	+ 00:25:50	5:33
547	59	RAMON BENITO BONILLO	A.C. MANCHATHON	MASTER 55 MAS	16	521	0:27:27	5:29	00:55:42	+ 00:25:53	5:34
548	629	ANDRÉS ROSADO MONREAL	ATLETISMO ALCABOZO	MASTER 50 MAS	43	560	0:28:01	5:36	00:55:43	+ 00:25:54	5:34
549	505	CRISTINA NIETO GARCÍA	INDEPENDIENTE	MASTER 35 FEM	17	555	0:27:58	5:35	00:55:44	+ 00:25:56	5:34
550	474	JOSE VICENTE MORENO REINOSO	INDEPENDIENTE	MASTER 45 MAS	74	600	0:29:22	5:52	00:55:48	+ 00:25:59	5:34
551	99	FELIPE TOMÁS CANTÓN DIAZ	A.C. MANCHATHON	MASTER 60 MAS	20	562	0:28:06	5:37	00:55:48	+ 00:26:00	5:34
552	253	ELENA GARCÍA RIVAS	A.C. MANCHATHON	MASTER 55 FEM	5	561	0:28:06	5:37	00:55:48	+ 00:26:00	5:34
553	90	ANA BELÉN CANAS JIMENEZ	A.C. MANCHATHON	MASTER 45 FEM	20	540	0:27:40	5:32	00:55:49	+ 00:26:01	5:34
554	678	RAQUEL SEVILLA CASERO	INDEPENDIENTE	MASTER 45 FEM	21	505	0:27:15	5:27	00:55:50	+ 00:26:02	5:35
555	268	JOAQUÍN GÓMEZ SÁNCHEZ	A.C. MANCHATHON	MASTER 50 MAS	44	542	0:27:41	5:32	00:55:53	+ 00:26:04	5:35
556	84	VICENTE AGUSTÍN CÁMARA LOMAS	A.C. MANCHATHON	MASTER 45 MAS	75	436	0:25:45	5:09	00:55:55	+ 00:26:07	5:35
557	686	ÁNGEL SOLANA PARRA	C.A. RUNNING JARA	MASTER 60 MAS	21	566	0:28:13	5:38	00:55:56	+ 00:26:07	5:35
558	223	PILAR GALLARDO RODRIGUEZ	INDEPENDIENTE	SENIOR FEM	21	598	0:29:15	5:51	00:55:56	+ 00:26:08	5:35
559	222	JUAN GALLARDO SERRANO	A.A. LOS PIELAS RUN	MASTER 60 MAS	22	599	0:29:16	5:51	00:55:57	+ 00:26:08	5:35
560	182	MARIA DEL CARMEN DOMINGUEZ S	C.A. MEMBRILLA	MASTER 55 FEM	6	527	0:27:34	5:30	00:55:57	+ 00:26:09	5:35
561	652	ESTEFANIA SANCHEZ DE LEON TEJ/C.A. MEMBRILLA		MASTER 35 FEM	18	526	0:27:34	5:30	00:55:57	+ 00:26:09	5:35



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
562	439	LUIS JAVIER MOLINA GONZÁLEZ	INDEPENDIENTE	SENIOR MAS	121	552	0:27:53	5:34	00:55:57	+ 00:26:09	5:35
563	247	JOSÉ LUIS GARCÍA MORENO	INDEPENDIENTE	MASTER 45 MAS	76	548	0:27:49	5:33	00:55:59	+ 00:26:10	5:35
564	690	AINHOA SUBIRAN MARQUINA	10K CLUB ZARAGOZA	MASTER 40 FEM	28	545	0:27:44	5:32	00:56:03	+ 00:26:14	5:36
565	215	JAVIER FORCEN CASTEJON	10K CLUB ZARAGOZA	MASTER 45 MAS	77	546	0:27:45	5:33	00:56:04	+ 00:26:15	5:36
566	712	SANDRA VELA HERANCE	INDEPENDIENTE	SENIOR FEM	22	579	0:28:35	5:43	00:56:06	+ 00:26:17	5:36
567	566	ANTONIO PERONA RODRIGO	ELS RUNNING TEAM	SENIOR MAS	122	584	0:28:46	5:45	00:56:06	+ 00:26:18	5:36
568	497	JUAN NAVARRO GRANDE	INDEPENDIENTE	MASTER 40 MAS	95	577	0:28:35	5:43	00:56:06	+ 00:26:18	5:36
569	263	MERCEDES GOMEZ CIUDAD	INDEPENDIENTE	MASTER 50 FEM	10	547	0:27:46	5:33	00:56:14	+ 00:26:25	5:37
570	413	MAR MARTÍNEZ NÚÑEZ	INDEPENDIENTE	MASTER 45 FEM	22	541	0:27:41	5:32	00:56:23	+ 00:26:34	5:38
571	92	ÁNGEL LUIS CANO JIMÉNEZ	INDEPENDIENTE	SENIOR MAS	123	525	0:27:34	5:30	00:56:24	+ 00:26:35	5:38
572	724	CARLOS YAÑEZ MADRID	INDEPENDIENTE	SENIOR MAS	124	559	0:28:01	5:36	00:56:25	+ 00:26:36	5:38
573	52	IGNACIO BELDA PEINADO	INDEPENDIENTE	SENIOR MAS	125	571	0:28:19	5:39	00:56:27	+ 00:26:39	5:38
574	150	FRANCISCO CRESPO MATAMOROS	INDEPENDIENTE	MASTER 50 MAS	45	575	0:28:32	5:42	00:56:31	+ 00:26:43	5:39
575	683	TOMAS SEVILLA VILLALTA	INDEPENDIENTE	MASTER 45 MAS	78	574	0:28:32	5:42	00:56:32	+ 00:26:43	5:39
576	531	JUAN CARLOS ORTIZ NAVARRO	C.A. RUNNING VILLARROBLEDO	MASTER 45 MAS	79	568	0:28:15	5:39	00:56:46	+ 00:26:57	5:40
577	466	MARIO MORENO CABALLERO	INDEPENDIENTE	MASTER 40 MAS	96	551	0:27:53	5:34	00:56:47	+ 00:26:58	5:40
578	530	ALFONSO ORTIZ JAREÑO	A.C. MANCHATHON	MASTER 40 MAS	97	593	0:29:04	5:48	00:56:50	+ 00:27:01	5:41
579	101	ANA GEMA CANTON RUBIO	A.C. MANCHATHON	MASTER 50 FEM	11	564	0:28:10	5:38	00:57:06	+ 00:27:18	5:42
580	540	DAVID PARRA CEPEDA	A.C. MANCHATHON	MASTER 40 MAS	98	565	0:28:11	5:38	00:57:06	+ 00:27:18	5:42
581	345	PIEDAD LÓPEZ	A.A. LOS PIELAS RUN	MASTER 35 FEM	19	580	0:28:37	5:43	00:57:09	+ 00:27:21	5:42
582	685	FRANCISCO SOLANA PARRA	INDEPENDIENTE	MASTER 60 MAS	23	567	0:28:14	5:38	00:57:18	+ 00:27:29	5:43
583	252	FRANCISCO JOSE GARCIA PEREZ	POZO NORTE	MASTER 50 MAS	46	592	0:28:54	5:46	00:57:23	+ 00:27:34	5:44
584	445	MARÍA MONTAÑA MUÑOZ	INDEPENDIENTE	SENIOR FEM	23	603	0:29:22	5:52	00:57:28	+ 00:27:39	5:44
585	707	Mª CARMEN VALENCIANO HUERTAS	INDEPENDIENTE	MASTER 35 FEM	20	578	0:28:35	5:43	00:57:28	+ 00:27:40	5:44
586	332	MARIO LARA CORREAS	INDEPENDIENTE	MASTER 40 MAS	99	591	0:28:53	5:46	00:57:29	+ 00:27:41	5:44
587	416	JUAN MANUEL MARTÍNEZ SÁNCHEZ	INDEPENDIENTE	MASTER 40 MAS	100	556	0:27:58	5:35	00:57:29	+ 00:27:41	5:44
588	165	PATRICIA DE LA TORRE RONCERO	INDEPENDIENTE	MASTER 35 FEM	21	557	0:27:59	5:35	00:57:30	+ 00:27:41	5:45
589	681	EVA SEVILLA SALINAS	INDEPENDIENTE	MASTER 45 FEM	23	581	0:28:40	5:44	00:57:32	+ 00:27:44	5:45
590	274	NOELIA GONZÁLEZ DÍAZ	INDEPENDIENTE	MASTER 40 FEM	29	613	0:29:43	5:56	00:57:49	+ 00:28:01	5:46
591	4	MARÍA ISABEL AGUADO TORRIJOS	A.A. LOS PIELAS RUN	SENIOR FEM	24	614	0:29:43	5:56	00:57:49	+ 00:28:01	5:46
592	727	MARTA ZARCO ORDÓÑEZ	A.C. MANCHATHON	SENIOR FEM	25	585	0:28:46	5:45	00:57:54	+ 00:28:06	5:47
593	143	VANESA CÓRDOBA GUTIÉRREZ	A.C. MANCHATHON	SENIOR FEM	26	588	0:28:52	5:46	00:57:54	+ 00:28:06	5:47
594	612	MARTA RODRIGUEZ SANCHEZ	A.C. MANCHATHON	SENIOR FEM	27	589	0:28:52	5:46	00:57:55	+ 00:28:06	5:47



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			Tiempo Meta
595	116	DAVID CARRETÓN DÍAZ	INDEPENDIENTE	MASTER 40 MAS	101	608	0:29:27	5:53	00:58:03	+ 00:28:14	5:48
596	609	JORGE ELIAS RODRIGUEZ GALLEG	INDEPENDIENTE	MASTER 45 MAS	80	587	0:28:52	5:46	00:58:05	+ 00:28:16	5:48
597	237	JUAN ANTONIO GARCIA GARCIA	INDEPENDIENTE	MASTER 50 MAS	47	610	0:29:41	5:56	00:58:06	+ 00:28:17	5:48
598	392	HILARIO MARQUINA SANCHEZ	MAPOMA RUNNER	MASTER 60 MAS	24	594	0:29:05	5:49	00:58:08	+ 00:28:19	5:48
599	129	JULIAN CASTELLANOS SALINAS	A.A. LOS PIELAS RUN	MASTER 50 MAS	48	582	0:28:43	5:44	00:58:13	+ 00:28:25	5:49
600	298	VICENTE JOSE HERREROS GONZÁL	A.A. LOS PIELAS RUN	MASTER 50 MAS	49	609	0:29:39	5:55	00:58:14	+ 00:28:25	5:49
601	435	MARÍA JOSÉ MILLA TENDERO	TRIATLETICO TOMELLOSO	MASTER 40 FEM	30	602	0:29:22	5:52	00:58:15	+ 00:28:27	5:49
602	679	GODOFREDO SEVILLA CASERO	A.C. MANCHATHON	MASTER 40 MAS	102	604	0:29:24	5:52	00:58:17	+ 00:28:28	5:49
603	536	JOSÉ MIGUEL PALACIOS GONZÁLEZ	A.A. LOS PIELAS RUN	MASTER 35 MAS	74	621	0:29:51	5:58	00:58:27	+ 00:28:38	5:50
604	114	CORTES CARRETERO SALINAS	A.A. LOS PIELAS RUN	MASTER 35 FEM	22	620	0:29:51	5:58	00:58:27	+ 00:28:38	5:50
605	179	MIGUEL ANGEL DÍAZ SALAZAR RED	INDEPENDIENTE	MASTER 50 MAS	50	518	0:27:25	5:29	00:58:30	+ 00:28:41	5:51
606	238	JAVIER GARCÍA GARCÍA	INDEPENDIENTE	MASTER 40 MAS	103	576	0:28:32	5:42	00:58:33	+ 00:28:44	5:51
607	145	SEBASTIAN CORTES JIMENEZ	INDEPENDIENTE	MASTER 35 MAS	75	590	0:28:52	5:46	00:58:45	+ 00:28:57	5:52
608	146	MARIA DEL CARMEN CÓRTEZ JIMÉNC	A. LA GINETA	SENIOR FEM	28	605	0:29:26	5:53	00:58:45	+ 00:28:57	5:52
609	388	VERÓNICA MARQUÉS GARCIA	INDEPENDIENTE	SENIOR FEM	29	618	0:29:50	5:58	00:58:45	+ 00:28:57	5:52
610	127	ISIDORO CASTELLANOS RAMÍREZ	INDEPENDIENTE	MASTER 55 MAS	17	619	0:29:50	5:58	00:58:46	+ 00:28:57	5:52
611	51	ALMUDENA BECERRA MORENO	A.A. LOS PIELAS RUN	MASTER 40 FEM	31	606	0:29:26	5:53	00:58:49	+ 00:29:01	5:52
612	361	ROSA LÓPEZ TOMÁS	A.A. LOS PIELAS RUN	MASTER 45 FEM	24	607	0:29:26	5:53	00:58:49	+ 00:29:01	5:52
613	381	CAROLINA MANZANARES CEPEDA	INDEPENDIENTE	SENIOR FEM	30	616	0:29:49	5:57	00:58:49	+ 00:29:01	5:52
614	15	NURIA ALMARCHA RODERO	C.A. MEMBRILLA	SENIOR FEM	31	622	0:29:52	5:58	00:58:50	+ 00:29:01	5:53
615	382	BEATRIZ MANZANARES CEPEDA	INDEPENDIENTE	SENIOR FEM	32	617	0:29:49	5:57	00:58:50	+ 00:29:01	5:53
616	557	RAUL PERALES RODRIGO	TRIATLÓN TOMELLOSO	MASTER 35 MAS	76	644	0:31:11	6:14	00:58:50	+ 00:29:02	5:53
617	596	ZAIRA REDONDO GUTIERREZ	INDEPENDIENTE	MASTER 35 FEM	23	645	0:31:11	6:14	00:58:52	+ 00:29:03	5:53
618	607	JESUS RODRIGUEZ ALAMO	INDEPENDIENTE	MASTER 60 MAS	25	630	0:30:07	6:01	00:59:19	+ 00:29:31	5:55
619	135	MANUEL CASTRO DELGADO	VALDEPEÑAS ATHLETICS CLUB SIS	MASTER 35 MAS	77	586	0:28:51	5:46	00:59:33	+ 00:29:45	5:57
620	616	VANESA ROJO CASTELLANOS	INDEPENDIENTE	MASTER 35 FEM	24	601	0:29:22	5:52	00:59:41	+ 00:29:52	5:58
621	401	ASUN MARTÍNEZ BARBERÁ	A.A. LOS PIELAS RUN	MASTER 55 FEM	7	633	0:30:08	6:01	00:59:44	+ 00:29:55	5:58
622	131	ANTONIO MANUEL CASTILLO CONTRA	C. MANCHATHON	MASTER 60 MAS	26	632	0:30:08	6:01	00:59:44	+ 00:29:56	5:58
623	113	JUAN CARRETERO HUERTAS	A.A. LOS PIELAS RUN	MASTER 55 MAS	18	629	0:30:07	6:01	00:59:44	+ 00:29:56	5:58
624	468	RUBEN MORENO CARRETERO	INDEPENDIENTE	SENIOR MAS	126	563	0:28:08	5:37	00:59:45	+ 00:29:56	5:58
625	444	ANTONIO MONTAÑA MARTINEZ	INDEPENDIENTE	MASTER 60 MAS	27	627	0:30:07	6:01	00:59:48	+ 00:29:59	5:58
626	93	JESÚS MARÍA CANO LARA	A.C. MANCHATHON	MASTER 45 MAS	81	628	0:30:07	6:01	00:59:48	+ 00:30:00	5:58
627	125	SERGIO CASTELLANOS LOPEZ	INDEPENDIENTE	SENIOR MAS	127	624	0:29:57	5:59	01:00:24	+ 00:30:36	6:02



Fecha 15/10/2023

10K CORREN TOMELLOSO 2023

Distancia 10000 metros

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			Tiempo Meta
628	544	AGUSTINA PARRA ORTIZ	A.C. MANCHATHON	MASTER 35 FEM	25	596	0:29:07	5:49	01:00:38	+ 00:30:50	6:03
629	517	BELÉN ORDÓÑEZ DOMÍNGUEZ	A.C. MANCHATHON	MASTER 35 FEM	26	597	0:29:08	5:49	01:00:41	+ 00:30:53	6:04
630	207	JOSÉ MANUEL FERNÁNDEZ TORROE	INDEPENDIENTE	MASTER 60 MAS	28	642	0:30:39	6:07	01:00:52	+ 00:31:04	6:05
631	262	PATRICIA GODOY MORALES	INDEPENDIENTE	SENIOR FEM	33	640	0:30:33	6:06	01:00:52	+ 00:31:04	6:05
632	97	MIGUEL ALBERTO CANO VILLAHERM	INDEPENDIENTE	MASTER 45 MAS	82	611	0:29:43	5:56	01:00:52	+ 00:31:04	6:05
633	726	JAIME YUSTE SERRANO	INDEPENDIENTE	MASTER 40 MAS	104	612	0:29:43	5:56	01:00:53	+ 00:31:04	6:05
634	570	MANOLO PRADOS LÓPEZ	ATLETISMO ALCABOZO	MASTER 40 MAS	105	634	0:30:09	6:01	01:00:55	+ 00:31:06	6:05
635	387	MARTA MAROTO CASTAÑO	A.C. MANCHATHON	MASTER 50 FEM	12	631	0:30:07	6:01	01:00:57	+ 00:31:08	6:05
636	627	PABLO RONCERO SÁNCHEZ-CANO	INDEPENDIENTE	MASTER 35 MAS	78	647	0:31:30	6:18	01:01:23	+ 00:31:35	6:08
637	669	CONSTANTINO SEBASTIÁN MORA	INDEPENDIENTE	MASTER 35 MAS	79	637	0:30:23	6:04	01:01:28	+ 00:31:40	6:08
638	419	IRENE MARTÍNEZ SOUTO	INDEPENDIENTE	MASTER 50 FEM	13	649	0:31:50	6:22	01:01:55	+ 00:32:07	6:11
639	341	SILVIA LINARES SUÁREZ	A.C. MANCHATHON	MASTER 45 FEM	25	636	0:30:23	6:04	01:02:05	+ 00:32:17	6:12
640	44	JOSÉ BALLESTEROS RUIZ	A.A. LOS PIELAS RUN	MASTER 50 MAS	51	638	0:30:23	6:04	01:02:08	+ 00:32:19	6:12
641	574	BELÉN PUERTA PELAYO	A.C. MANCHATHON	MASTER 50 FEM	14	639	0:30:24	6:04	01:02:09	+ 00:32:20	6:12
642	43	MARÍA TERESA BALLESTEROS MART	C.A. MEMBRILLA	MASTER 60 FEM	1	648	0:31:38	6:19	01:02:34	+ 00:32:46	6:15
643	301	MOISÉS HIDALGO SAEZ	ATLETISMO ALCABOZO	MASTER 40 MAS	106	643	0:30:52	6:10	01:02:48	+ 00:32:59	6:16
644	53	ÁNGEL BELLÓ PICAZO	A.C. MANCHATHON	MASTER 45 MAS	83	625	0:30:01	6:00	01:03:48	+ 00:34:00	6:22
645	452	ANGELA MORALEDA LOPEZ	CLUB ATLETISMO VIRGEN DEL ESP	MASTER 45 FEM	26	656	0:33:02	6:36	01:03:56	+ 00:34:08	6:23
646	100	JAVIER CANTON LLANOS	INDEPENDIENTE	SENIOR MAS	128	655	0:32:19	6:27	01:04:27	+ 00:34:39	6:26
647	512	JAVIER NOVILLO MORENO	INDEPENDIENTE	SENIOR MAS	129	623	0:29:52	5:58	01:05:27	+ 00:35:38	6:32
648	525	CAROLINA ORTIZ BUITRAGO	A.C. MANCHATHON	SENIOR FEM	34	635	0:30:21	6:04	01:05:49	+ 00:36:00	6:34
649	502	ANA MARÍA NAVARRO QUEVEDO	A.C. MANCHATHON	SENIOR FEM	35	650	0:31:58	6:23	01:05:49	+ 00:36:01	6:34
650	284	JAVIER GONZÁLEZ MARTÍNEZ	INDEPENDIENTE	SENIOR MAS	130	653	0:32:16	6:27	01:06:35	+ 00:36:46	6:39
651	282	JORGE GONZÁLEZ MARQUINA	INDEPENDIENTE	SENIOR MAS	131	654	0:32:16	6:27	01:06:35	+ 00:36:46	6:39
652	538	LUISA PALOMINO RECASENS	CD EL PORVENIR	MASTER 60 FEM	2	652	0:32:11	6:26	01:06:52	+ 00:37:04	6:41
653	687	JOSE FRANCISCO SORIA MORENO	INDEPENDIENTE	MASTER 45 MAS	84	657	0:33:16	6:39	01:07:18	+ 00:37:30	6:43
654	54	JOSE MARÍA BELLÓ PICAZO	A.A. LOS PIELAS RUN	MASTER 40 MAS	107	626	0:30:02	6:00	01:07:36	+ 00:37:47	6:45
655	409	JESÚS MARTINEZ GONZALEZ	INDEPENDIENTE	MASTER 35 MAS	80	651	0:32:09	6:25	01:08:13	+ 00:38:25	6:49
656	364	JUAN JOSÉ LOSA BENITO	INDEPENDIENTE	MASTER 55 MAS	19				01:13:21	+ 00:43:32	7:20
657	682	SONIA SEVILLA VALENTÍN	A.A. LOS PIELAS RUN	SENIOR FEM	36				01:16:47	+ 00:46:58	7:40
	27	LUCAS ANTUN CASSAB	A.C. MANCHATHON	MASTER 45 MAS			0:32:28	6:29	::		
	136	ALFREDO CENJOR MONTALVO	ELS RUNNING TEAM	MASTER 40 MAS			0:34:35	6:55	::		
	186	SUFIAN EL GARNI EL OUAHAL	CLUBE ATLETISMO SPRINT	SENIOR MAS			0:15:24	3:04	::		



Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad
						Pos	Tiempo	Vel		
	385	SANDRA MANZANO SÁNCHEZ	INDEPENDIENTE	SENIOR FEM			0:29:23	5:52	::	
	464	JUAN ANTONIO MORALES SERRANCA.C. MANCHATHON		MASTER 55 MAS			0:27:10	5:26	::	
	663	GUILLERMO SANCHEZ MARTINEZ	ATLAETAS DE SAN PEDRO	MASTER 40 MAS			0:20:32	4:06	::	
	665	CARLOS SANCHEZ NAVARRO	CD RUN FASTER	SENIOR MAS					::	
	721	HUGO VILLENA MARTINEZ	CDE JM SERNA SEGUROS	SIN CATEGORÍA			0:26:51	5:22	::	
	729	JOSE MARÍA SERNA CEPEDA	CDE JMSERNA SEGUROS	MASTER 50 MAS			0:20:23	4:04	::	
	7	FELIPE ALAÑÓN CASTELLANOS	INDEPENDIENTE	MASTER 40 MAS					::	
	16	MANUEL ALMODÓVAR RODRÍGUEZ	CORRECAMINOS 3.0 ACEITES MOR	MASTER 45 MAS					::	
	23	JAVIER ANDRADE CHACON	INDEPENDIENTE	MASTER 45 MAS					::	
	26	CARLOS ANTEQUERA MARTIN	MANZANARES TRIATLON	MASTER 40 MAS					::	
	55	CRIPTANA BENÍTEZ LEAL	CLUB TRIATLON CRIPTANA GIGANT	MASTER 40 FEM					::	
	60	ENCARNACIÓN BENITO COBO	A.C. MANCHATHON	MASTER 40 FEM					::	
	63	SILVIA BENITO LÓPEZ	INDEPENDIENTE	MASTER 40 FEM					::	
	73	ANDRÉS BOTÍA BARBERÁ	INDEPENDIENTE	SENIOR MAS					::	
	78	LUIS MIGUEL CABA PATÓN	C.D TRIATLÓN MANZANARES	MASTER 40 MAS					::	
	88	JESÚS CANALES MÁRQUEZ	INDEPENDIENTE	MASTER 40 MAS					::	
	94	MARIA JOSÉ CANO LÓPEZ-FRAILE	SERRANO ATLETISMO	MASTER 35 FEM					::	
	117	MIGUEL CARRILLEJO OLIVARES	YO VOY	MASTER 40 MAS					::	
	118	CHEMA CASARRUBIOS	YO VOY	MASTER 35 MAS					::	
	137	ADOLFO CENJOR MONTALVO	ELS RUNNING TEAM	MASTER 40 MAS		615	0:29:47	5:57	::	
	139	CARLOS ALFONSO CHOCANO RIAZA	SISTEMAS VALCOM VALDEPEÑAS	ASENIOR MAS					::	
	144	DESI CORONADO DIAZ	INDEPENDIENTE	MASTER 50 MAS					::	
	149	MIGUEL ÁNGEL CRESPO FERNÁNDE	TUERCELINDES. A. C.	MASTER 45 MAS					::	
	153	QUERALT CRIADO OCAÑA	C.A. ALBACETE-DIPUTACIÓN	SENIOR FEM					::	
	158	PABLO CUEVAS RUIZ	INDEPENDIENTE	MASTER 35 MAS					::	
	159	MARIADOLORES CULEBRAS ORTIZ	INDEPENDIENTE	MASTER 45 FEM					::	
	168	RUBEN DEL NIDO MARTIN	CLUB ATLETISMO TORRIJOS	MASTER 45 MAS					::	
	175	JOSÉ CARMELO DÍAZ LLAMAS	INDEPENDIENTE	MASTER 35 MAS					::	
	187	MARÍA PILAR ESCUDERO IZQUIERD	C.A. LOS PIELAS RUN	SENIOR FEM					::	
	213	NICOLETA MARIA FODOR	A.C. MANCHATHON	SENIOR FEM					::	
	224	ALVARO GALLEGO DIAZ	INDEPENDIENTE	SENIOR MAS					::	
	228	PABLO CESAR GALLEGO-ACHO GON	A.C. MANCHATHON	MASTER 40 MAS					::	
	265	ARTURO GOMEZ GUTIERREZ	INDEPENDIENTE	SENIOR MAS					::	



Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Tiempo Meta	Dif.	Velocidad
						Pos	Tiempo	Vel			
	266	ROSARIO GOMEZ NUÑEZ	ATLETISMO C.P. LA RODA	MASTER 50 FEM					::		
	280	FRANCISCO GONZÁLEZ LÓPEZ	INDEPENDIENTE	MASTER 35 MAS					::		
	310	CARLOS ALBERTO JAÉN ANDRES	INDEPENDIENTE	MASTER 45 MAS					::		
	319	MIGUEL CARLOS JIMENEZ MORALES	INDEPENDIENTE	MASTER 35 MAS					::		
	321	ALICIA JIMÉNEZ ROMERO	INDEPENDIENTE	SENIOR FEM					::		
	323	VICENTE JIMENEZ SANCHEZ	INDEPENDIENTE	MASTER 45 MAS					::		
	326	MANUEL JIMENEZ SERRANO	A.C. MANCHATHON	MASTER 60 MAS					::		
	334	PALOMA LARA HERNÁNDEZ	A.C. MANCHATHON	MASTER 45 FEM					::		
	342	JOAQUÍN LIZANO VALIENTE	MARATÓN ALTOMIRA	MASTER 55 MAS					::		
	346	ROBERTO LÓPEZ CECA	C.A T (CLUB ATLETISMO TORRIJO	MASTER 45 MAS					::		
	356	SARA LOPEZ MORA	INDEPENDIENTE	SENIOR FEM					::		
	359	ALVARO LOPEZ PELAEZ ALARCON	C.A. MEMBRULLA	SENIOR MAS		217	0:21:04	4:12	::		
	362	MARIO LÓPEZ VELA	INDEPENDIENTE	MASTER 35 MAS					::		
	365	JUAN CARLOS LOSA ROMERO	INDEPENDIENTE	MASTER 45 MAS					::		
	366	SERGIO LOSA ROMERO	INDEPENDIENTE	SENIOR MAS					::		
	376	ISMAEL MADRID NOVILLO	CDE JM SERNA SEGUROS	SENIOR MAS		64	0:17:28	3:29	::		
	379	SARA MANGLANO GARCÍA	INDEPENDIENTE	MASTER 40 FEM					::		
	384	MIGUEL MANZANARES GONZÁLEZ	INDEPENDIENTE	MASTER 35 MAS					::		
	410	WENDY MARTÍNEZ HERRERO	INDEPENDIENTE	SENIOR FEM					::		
	440	FRANCISCO MOLINA PÉREZ	INDEPENDIENTE	MASTER 40 MAS					::		
	455	SARA MORALES BROX	INDEPENDIENTE	SENIOR FEM					::		
	460	MANOLI MORALES PACHECO	C.A. MEMBRILLA	MASTER 50 FEM					::		
	463	ANA BELÉN MORALES RAMÍREZ	UNIÓN ATLÉTICA CIUDAD REAL (CU	MASTER 40 FEM					::		
	465	JOSE VICENTE MORCILLO PLAZA	A.A. LOS PIELES RUN	SENIOR MAS		646	0:31:13	6:14	::		
	467	IGNACIO MORENO CARMONA	INDEPENDIENTE	SENIOR MAS					::		
	496	MIRIAM NAVARRO FRESNEDA	A.C. MANCHATHON	MASTER 35 FEM					::		
	511	RUBÉN NOVILLO HUERTAS	INDEPENDIENTE	MASTER 35 MAS					::		
	523	CRISTINA ORTEGA NOBLEJAS	C.A SATURNO DAIMEL	MASTER 35 FEM					::		
	527	ISMAEL ORTIZ CASTELLANOS	A.C. MANCHATHON	SUB 18/20 MAS					::		
	537	EUTIQUIO PALACIOS PATIÑO	CLUB ATLETISMO LAS LAGUNAS DE	MASTER 55 MAS					::		
	555	EMILIO JESUS PEÑALVA CRIADO	REALRUNNERS	MASTER 40 MAS		385	0:24:41	4:56	::		
	564	JOSE MANUEL PERONA CARRETERO	INDEPENDIENTE	SENIOR MAS					::		
	578	GUILLERMO QUEVEDO TELLO	INDEPENDIENTE	SENIOR MAS					::		

CLASIFICACIÓN GENERAL

Fecha 15/10/2023

10K CORREN TOMELLOSO 2023

Distancia 10000 metros



Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Tiempo Meta	Dif.	Velocidad
						Pos	Tiempo	Vel			
	586	ALFONSO RAMÍREZ MELERO	INDEPENDIENTE	MASTER 35 MAS					::		
	595	ÁNGEL REBOREDO LÓPEZ	INDEPENDIENTE	MASTER 45 MAS					::		
	619	JUAN FRANCISCO ROMERA PAREDE	INDEPENDIENTE	MASTER 60 MAS					::		
	670	JAVIER SEPÚLVEDA ESCOBAR	INDEPENDIENTE	SENIOR MAS					::		
	689	JAVIER SOTO REY	INDEPENDIENTE	MASTER 40 MAS					::		
	698	JUAN CARLOS TORRES CARRETERO	INDEPENDIENTE	MASTER 55 MAS					::		
	699	FERNANT TORRES CRESPO	A.C. MANCHATHON	MASTER 45 MAS					::		
	700	EVARISTO TORRES FUENTES	INDEPENDIENTE	MASTER 35 MAS					::		
	706	RAFAEL UCENDO ESCUDERO	INDEPENDIENTE	MASTER 35 MAS					::		
	714	MANUEL FERNANDO VELASCO PÉRIC.A. DECAIL-ECOENERGIA CHINCHI	MASTER 55 MAS						::		